

Officium Eucharisticum.

A

PREPARATORY SERVICE,
To a Devout and Worthy
RECEPTION
OF THE
LORD'S SUPPER.

Designed for a person of Quality ; and now made Publick for Common Use.

The Second Edition, Corrected and Enlarged.

St. Luke xxiv. 36.
He was known to them in Breaking of Bread.

London, Printed by T. Milbourn, for Christopher Wilkinson, at the Black-Boy over against St. Dunstans Church in Fleetstreet, 1674.



Collgium Sancti Iohannis Evangelista
in Academia Cantabrigiensi 1700

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THE
LITTLE
MANUAL
OF
DIRECTIONS
AND PRAYERS
FOR THE HOLY COMMUNION.

GOOD READER,

THIS little *Manual* of Directions and Prayers for the *Holy Communion*, First designed for a *Private* use, now shews it self in *Publique*, on presumption it may help thee in thy *Closet-retirement* towards a Pious preparation thereto, and a worthy Reception thereof.

I will not be tedious in Prefacing it; only I cannot say, it is mine, but a Collection, and recommends it self unto thee cloathed in the Language not of any *Private Conception* (of such the world is already full enough) But of *Primitive Liturgies*; of that of our Holy Church, and some of the most *Devout Fathers* of it, Bishop *Andrews*, Bishop *Cofins*, and that Great and Good Man Arch-Bishop *Laud*, who lived a *Patron* of it, and dyed a *Martyr* for it.

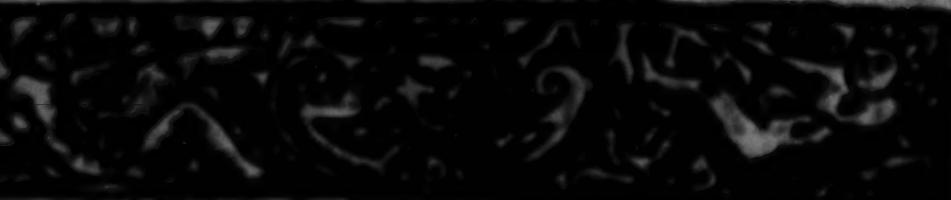
To the Reader.

The Author, (who e're he be) is not curions, or Sollicitous to think, How it may go down with a sort of People, whose ~~unwieldy~~ zeal hath transported them under a pretence of Spuing out Popery, to dis-rellish and traduce any thing that is Primitive: But, the Sober and Devout Christian, who lives in the Communion of This Church, He is secure of. And that it may further thee in the Attainment of our common Salvation, is his sincere and hearty desire; in return to which, he brings thee nothing, but to Recommend him now and then in these thy Private Addresses to the Throne of Grace.

A

THE HOLY COMMUNION.

CONTAINING A PREPARATORY OFFICE



A
Preparatory Office

For the HOLY

COMMUNION.

THe nearest and most solemn Intimacy, and *Communion* we have with God in this World, is exhibited to us in the Blessed Eucharist; that is to say, the *Sacrament of the Lord's Supper*, wherein (according to our Church-Catechism) the Body and Blood of Christ, are verily, and indeed taken, and received by the Faithful; and hence it is called by St. Paul, 1 Cor. 10. 16, The Communion of his Body, and the Communion of his Blood; so that by a due and worthy Participation hereof, we are really in

The Preparatory Office.

corporated into Christ; we dwell in Christ, and Christ in us; we are made One with Christ, and Christ with us: In regard of which invaluable Priviledge, as well as the great danger which threaten unworthy addresses heredunto, now especially we should enter into, and heed our selves, being careful to perform all *Devotional Acts of Worship*, and *Piety*, which may conduce to a good acceptable Celebration of so Divine a Mystery: St. Paul hath comprehended them all under this One Word and Duty of *Examination*, 1 Cor. 11. 28. which includes more than we can readily conceive: I shall not intarge upon those Graces of *Faith*, *Repentance*, and *Charity*, about which it should be chiefly conversant; but, do immediately proceed to those *Preparatory Acts of Devotion*, which should be exercised in order to a due Reception of this Blessed Sacrament.

I Begin then, as you should in this, and all other Duties of Religion, *In the name of God*; and Exhort, that having received Notice from God's Priest of a *Communion* to be Celebrated the next *Sunday*, you forthwith set your self to this great Work, of fitting your self for a right Participation thereof. Whatever you do, let this be ever and aye, uppermost in your Thoughts

FOURTH. Confession of Sin.

Thoughts that *whole Week*, reflecting on your Spiritual Estate, and specially on *the Times* which God hath lent you from your last Recollection; What Graces you have Improved, what Duties omitted, what Sins committed, out of a hearty Resentment of which, breath forth sometimes these, or the like pious Ejaculations.

I have sinned; What shall I do unto Thee;
O Thou Preserver of Man! Lord, I am not worthy to come under thy Roof; But speak the Word only, and thy Servant shall be Healed!

Adding these two Collects to your Private Devotions, both at Morning and Evening, that whole Week.

Almighty God, who of thy tender Mercy, didst give thine only Son Jesus Christ, to suffer Death upon the Cross for our Redemption; and didst institute, and in thy Holy Gospel command us to continue a perpetual Memory of that his precious Death, until his coming again: Hear me, most merciful Saviour, I most humbly beseech Thee, and make my Greetings, my Desires after this Holy Sacrament, answerable to my needs of it. But, oh Lord! How

A Preparation for the Office

Shall such a Wretch as I dare to approach thy *Holy Table*? I am a *Dog* ! How shall I presume to take the *Childrens Bread*? I have often trampled those precious things under foot; either carelessly neglecting, or unworthily receiving those *Holy Mysteries* ! O Lord, my horrible Guiltiness makes me tremble to come, and yet makes me not dare to stay away ; for, Where shall this polluted Soul be washed, but in this Fountain opened for sin, and for uncleanness ? Hither then I come ; and Thou hast promised , that him that cometh to Thee, *Thou wilt in no wise cast out* : Grant me therefore, Gracious Lord, so to eat the *Flesh* of thy Dear Son *Jesus Christ*; and so drink his blood ; that my sinful body may be made clean by his body, & my soul washed through his most *precious blood*. Amen.

I Will not presume to come to thy *Table*, O Merciful Lord, trusting in my own Righteousness, but in thy manifold and great Mercies declared unto Mankind in our Lord *Jesus Christ*; for whose sake give me, I pray Thee, such a *Preparation of soul*, as may qualify me for a worthy Approach thereto ; To this end, make me heartily sensible of my Sins and Unworthiness ; raise up my dull and earthly Mind from groveling here below, and inspire it with a Holy Zeal to seek those things

For the 3^d. Communion. 5

things that are above : Let that infinite Love of Christ in Dying for so wretched a Sinner, inflame my Soul, and kindle in me that Sacred fire of Love to Him again, and to all those whom He hath given me Command and Example to Love, *Enemies* as well as *Friends*, and that for his sake : Cloath me, O Lord in the *Wedding Garment*; and make me, though of my self, a most unworthy, yet by thy Mercy, an acceptable Guest at Thy Table ; that I may not eat or drink my own Damnation, but Salvation through Jesus Christ our Lord. *Amen.*

Having recommended your self unto God, with these, or the like Collects, in your private Retirements : I do earnestly exhort you to frequent the publick Prayers of the Church : (nothing but a charitable, or some very urgent occasion can now, or indeed should at ~~any~~ time excuse you;) and to attend them with all possible Devotion : Watch your self, this Week especially, your Thoughts, Words and Actions, that they be not wicked nor vain ; or if at any time they should, that you forthwith recall and 'check your self; saying, or thinking thus,

Lord have Mercy upon me !

Christ have Mercy upon me !

Lord have Mercy upon me !

6. Preparation Office

I Said, I will take heed to my ways, that I offend not in my Tongue ! O God, who knowest us to be set in the midst of so many and great Dangers, that by reason of the frailty of our Nature, we cannot always stand upright; grant to me such strength and Protection, as may support me in all Dangers, and carry me through all Temptations, through Jesus Christ our Lord. Amen.

Set apart the Friday of every such Week as a Day of Holy Fasting and Abstinence, rising Earlier than usually, if your Health will permit you, at Five of the Clock ; And being apparelled and ready, you retire to your ordinary Morning Prayers.

I will not presume to confine you to those at the end of this Book, but do suppose you already fix'd; however peruse them, and if they suit your Condition, they may your Devotion. Subjoyn to them on every such fasting day, the two Collects for Preparation to the Communion above written, as also the 30th. Psalm.

Out of the Deep have I called unto thee,
O Lord, Lord, hear my voyce.

O let thine Ears consider well the voyce of
my Complaint.

If thou Lord wile be extream to mark what
is

forty-third. Communion. ¶
is done amiss. O Lord, who may abide it?

For there is mercy with thee, therefore
shalt thou be feared.

I look for the Lord, my Soul doth wait for
him ; in his Word is my Trust.

My Soul fleeth unto the Lord before the
Morning Watch ; I say before the Morning
Watch.

O Israel, trust in the Lord, for with the
Lord there is Mercy, and with him is plenteous
Redemption.

And he shall Redeem Israel from all his
sins.

Glory be to the Father, and to the Son, and
to the Holy Ghost.

As it was in the beginning, is now, and ever
shall be, World without end. Amen.

Arising from Prayer, you must presently
set your self to recollect your Life past, especially
since you last received by that Catalogue of
sins set down at the end of this Book, reading
it consideringly over ; and at every particular,
ask your Soul, whether you are guilty of that
sin ? and commit to writing those Sins you
discover your self guilty of, with their re-
spective aggravations, viz. If they were
committed against knowledg, or on malum
delit.

A Preparation for Death

*Deliberation, or against the resistances of Con-
science, &c.*

I suppose this duty of self-examination most necessary to this great work, dispatch'd by hand, humbly prostrating your self, say,

THe good Lord pardon every one that prepares his heart to seek God, the Lord God of his Fathers, though he be not cleansed according to the Purification of the Sanctuary.

Then kneel and pray. *Psal. vijth.*
O Lord, Rebuke me not in thine Indignations, neither Chasten me in thy displeasure. Have mercy upon me, O Lord, for I am weak; O Lord, heal me, for my Bones are vexed.

My Soul also is sore troubled; but Lord, how long wilt Thou punish me?

Turn Thee, O Lord! and deliver my Soul; O save me, for thy mercy's sake!

For in death no man remembreth Thee, and who will give thee thanks in the Pit?

I am weary of my groaning; every Night wash I my Bed, and water my Couch with my Tears.

My Beauty is gone for very Trouble, and am away because of all mine Enemy's.

Away

THE 39. COMMANDEMENT. 9

Away from me, all ye that work Vanity,
For the Lord hath heard the Voyce of my
Weeping.

The Lord hath heard my Petition ; the
Lord will receive my Prayer.

All mine Enemies shall be confounded and
fore vexed ; they shall be turned back, and
put to shame suddenly.

Glory be to the Father, and to the Son, and
to the Holy Ghost.

As it was in the beginning, is now, and ever
shall be, World without end. Amen.

O God to whom Vengeance belongeth, O
God to whom Vengeance belongeth shew
thy self, but let it be in pity and compassion to
thy wretched & unworthy Servant, who in all
humility confess my self a Wicked and Sinful
Creature. I acknowledg those sins, which if I
would, I cannot hide from thee, my sins of
Pride, and Pain-Glory, of Hatred & Envy, of
Glorious and Wantonness ; I accuse my self of
my wicked desires and thoughts which I have
conceived * of my wanton and
evil words which I have spo-
ken * of my naughty and un-
godly deeds which I have com-
mitted ** I acknowledg and
bewail these my manifold sins and wicked
actions

* As these may
have seemed
to be sins before
your R.P. 16

50. An Apologetical Office

meches, which I from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against me. I do earnestly repent, and am heartily sorry for these my misdoings; the remembrance of them is grievous to me; the burden of them is intollerable. Have mercy upon me, have mercy upon me, most merciful Father, for thy Son Jesus Christ's sake, forgive me all that is past; and grant, that I may ever hereafter serve and please thee in newness of Life, to the honour and glory of thy Name, through Jesus Christ our Lord.

Amen.

Forgive me my sins, O Lord; forgive me the sins of my Age, and the sins of my Tomb; the sins of my Soul, and the sins of my Body; my Secret and my Whispering sins; my Presumptuous and my Crying sins; the sins that I have done to please myself, and the sins that I have done to please others.

Forgive me my Wanton and idle sins; forgive me my serious and deliberate sins; forgive me those sins which I know, and those sins which I know not; the sins which I have laboured so long to bide from others, that now I have even hid them from my own memory: Forgive

For the 4th. Communion.

give me them, O Lord ! Forgive them all, of thy great mercy let me be Absolved from all my offences, and of thy bountiful goodness, let me be delivered from the bands of those sins, which by my frailty I have committed ; Grant this, O Heavenly Father, for Jesus Christ his sake, our Blessed Lord and Saviour. Amen.

Adding this short Litany, and the following Prayers.

O God, the Father of Heaven, have mercy upon me a most miserable sinner !

O God the Son, Redeemer of the World, have mercy upon me a most miserable sinner !

O God the Holy Ghost, proceeding from the Father, and the Son, have mercy upon me a most miserable sinner !

O Holy, Blessed and Glorious Trinity, Three Persons, and one God ; Have mercy upon me, a most miserable sinner !

Remember not Lord mine offences, nor the offences of my fore-Fathers, neither take thou Vengeance of my sins : Spare me, good Lord, spare thy Servant whom Thou hast Redem-

122. Confessor's Office

With thy most precious Blood, and be not
Angry with me for ever. Spare me, Good Lord.

From all evil and mischief, from sin, from
the crafts and assaults of the Devil, from thy
wrath, and from everlasting Damnation,

Good Lord Deliver me.

From all blindness of Heart, from Pride,
Vain-Glory and Hypocrisy; from Envy, Ha-
tred and Malice, and from all Uncharitable-
ness, Good Lord Deliver me!

From Fornication and all other deadly sin;
and from all the deceits of the World, the
Flesh, and the Devil, Good Lord Deliver me!

From, &c. [Here repeat those sins of
which you have found your self guilty,
and noted in your paper,] Good Lord Deliver me!

From hardness of Heart; from Contempt
of thy Word and Commandment; from any
evil thought which may assault and hurt my
Soul, Good Lord Deliver me!

From all Adversities which may happen to
the Body; from noysome and infectious Dis-
eases, and from sudden death,

Good Lord Deliver me!,

By

for the 3d. Commandment. 37

. By thine Agony and Bloody Sweat ; by thy Cross & Passion ; by thy precious Death and Burial, and by thy Victorious Descent into Hell, *Good Lord Deliver me !*

. By thy Glorious Resurrection and Ascension ; and by the wonderful coming of the Holy Ghost, *Good Lord Deliver me !*

In all time of my Tribulation, in all time of my Wealth, in the hour of Death, and in the day of Judgment,

Good Lord Deliver me !

I who am a most miserable sinner, do beseech thee to hear me, O Lord God ; to keep and strengthen me in the true worshiping of Thee ; and to give me Grace to serve thee in Righteousness and Holiness all the days of my Life,

I beseech thee to hear me, Good Lord.

That it may please thee to rule my heart in thy faith, fear, and love, and that I may evermore have affiance in thee, and ever seek thy honour and glory,

I beseech thee to hear me, Good Lord.

That it may please Thee to be my Defender and Keeper, giving me the Victory over the World, the Flesh, and the Devil,

I beseech thee to hear me, Good Lord.

B

That

141 26 Preparation Office.

That it may please Thee to endue me with true knowldg of thy Word ; with Grace, Wisdom, and Understanding,

I beseech thee to hear me, Good Lord.

That it may please Thee to give me an heart to Love and Dread Thee, and diligently to live after thy Commandments,

I beseech thee to hear me, Good Lord.

That it may please Thee to give me increase of Grace, to hear meekly thy Word, and to receive it with pure affection, and to bring forth the fruits of the Spirit,

I beseech thee to hear me, Good Lord.

That it may please Thee to strengthen me when I stand ; to comfort, and help me when I am weak-hearted ; to raise me up when I fall ; and finally to beat down Satan under my feet,

I beseech thee to hear me, Good Lord.

That it may please Thee to succour, help, and comfort Me, when I am in danger, necessity and Tribulation,

I beseech thee to hear me, Good Lord.

That it may please Thee to give me, as at all times, so now especially, due preparation of mind, that I may worthily participate this holy Sacrament.

I beseech thee to hear me, Good Lord.

To

for the 3^d. Communion. 35

To this end may it please Thee to forgive mine Enemies, Persecutors, and Slanders; and to turn their hearts,

I beseech thee to hear me, Good Lord.

That it may please Thee to give me true Repentance; to forgive me all my sins, negligences, and ignorances; to endue me with a lively and a stedfast Faith, and a sincere Resolution to amend my Life according to thy holy Word.

I beseech thee to hear me, Good Lord.

Son of God, I beseech Thee to hear me.

O Lamb of God, that takest away the sins

of the World, Grant me thy Peace.

O Lamb of God, that takest away the sins

of the World, Have mercy upon me.

O Christ Hear me.

Lord have mercy upon me!

Christ have mercy upon me!

Lord have mercy upon me!

Our Father, &c.

Deliver us from Evil, Amen.

O Lord, deal not with me after my sins.

Neither reward me after mine Iniquities.

Psalme 51.

H ave mercy upon me, O God, after thy great Goodness; according to the multitude of thy mercys do away my offences.

16 . An Preparation Office

Wash me throughly from my wickedness,
and cleanse me from my sin.

For I acknowledge my faults and my sin is
ever before me.

Against thee only have I sinned , and done
this evil in thy sight, that thou mightest be
justified in thy saying, and clear when thou
art judged.

Behold I was shapen in wickednes, and in
sin hath my Mother Conceived me.

But lo, thou requirest truth in the inward
parts, and shall make me to understand Wis-
dom secretly.

Thou shalt purge me with Hyssop, and I
shall be clean ; thou shalt wash me, and I
shall be whiter than Snow.

Thou shalt make me Hear of joy and glad-
ness, that the bones which thou hast broken,
may rejoice.

Turn thy face from my sins, and put out all
my mis-deeds.

Make me a clean heart, O God, and renew
a right spirit within me.

Cast me not away from thy presence, and
take not thy holy spirit from me.

O give me the comfort of thy help again,
and establish me with thy free spirit.

Then shall I teach thy ways unto the wick-
ed, and Sinners shall be converted unto thee.

Deli-

Deliver me from blood-guiltiness, O God; thou that art the God of my health: and my tongue shall sing of thy Righteousness.

Thou shalt open my Lips, O Lord, and my Mouth shall shew thy praise.

For thou desirest no Sacrifice, else would I give it thee; but thou delightest not in burnt-offerings.

The Sacrifice of God is a troubled Spirit: a broken and contrite heart, O God, shalt thou not despise.

O be favourable and gracious unto Zion; build thou the walls of Jerusalem.

Then shalt thou be pleased with the Sacrifice of Righteousness, with the burnt-Offerings and Oblations; then shalt thou offer young Bullocks upon thine Altar.

Glory be to the, &c.

O Lord, I beseech Thee mercifully to hear me; and spare me, and all those who do confess their sins unto Thee, that they whose Consciences by sin are accused, by thy merciful Pardon may be Absolved, through Jesus Christ our Lord. Amen.

O Most mighty God, & merciful Father, who hast compassion upon all men, & hatest nothing that thou hast made, who wouldest not the Death of a sinner, but rather that he

Should Christ from his sin, and be saved ; Mercifully forgive me my Trespasses, receive and comfort me; who am grieved and wearied with the burden of my sins : Thy property is always to have mercy, yto Thee only it appertaineth to forgive sins : Spare me therefore, Good Lord ; spare me, spare thy Servant whom thou hast Redeemed ; enter not into judgment with thy Servant, who am vile & wretched, and a miserable sinner ; But, so turn thine anger from me, who meekly acknowledg my vileness, and truly repent me of my faults, and so make hast to help me in this world, that I may ever live with Thee in the world to come, through Jesus Christ our Lord, Amens. Attest me ; and O bne agn

Turn unto me, O good Lord, and so shall I be turned ; be favourable O Lord , be merciful favourable to thy Servant who turns to Thee in Weeping, Fasting, and Praying : For, thou art a merciful God, full of Compassion, long-suffering, and of great pity ; Thou spares us when we deserve punishment, and in thy Wrath thinkest upon mercy : Spare thy Servant, good Lord ; spare me, and let me not be brought to Confusion ! Hear me, O Lord, for thy mercy is great ; and after the malice of thy enemies, look upon me through

Sunday, Communion. 19

through the Merits and Mediation of thy blessed Son Jesus Christ our Lord. Amen.

The Lord bless me, and keep me; the Lord lift up the light of his Countenance upon me, and give me peace, now and for ever-more. Amen.

The time following to Eleven of the Clock, you may bestow in dressing, and fitting your self for the publick Prayers of the Church, which then you must by no means fail to be present at. In the mean time, let no sinful thoughts possess your Soul, no vain or idle Communication proceed out of your mouth, but such as may tend to edifying. Examine, exhort, encourage your Servants, or those about you, whom you have commanded, or who purpose to Receive this B. Sacrament with you; and be careful to avoid the Conversation of those who may probably tempt you to sin and vanity.

Returning from Church, or Chappel about Twelve of the Clock, Humble your self again before God, and Pray,

Our Father which art in Heaven, hallowed be thy Name: Thy Kingdom come: Thy Will be done on Earth, as it is in Heaven: Give us this day our daily Bread; and forgive us our

20 *Preparatory Office.*

Trespasses, as we forgive them that trespass against us; and lead us not into temptation, but Deliver us from Evil, Amen.

Then the xxxij. Psalm. Still upon your knees.
Blessed is he whose unrighteousness is forgiven, and whose sin is covered.

Blessed is the man, unto whom the Lord imputeth no sin, and in whose spirit, there is no guile.

For while I held my tongue, my bones consumed away through my daily complaining.

For thy Hand is heavy upon me Day and Night, and my moisture is like the drought in Summer.

I will acknowledge my sin unto thee, and mine Unrighteousness have I not hid.

I said, I will confess my sins unto the Lord, and so thou forgavest the wickedness of my sin.

For this shall every one that is godly make his Prayer unto thee, in a time when thou mayest be found; but in the great waters they shall not come nigh him.

Thou art a place to hide me in, thou shalt preserve me from trouble, and compass me about with songs of deliverance.

I will inform thee, and teach thee in the way wherein thou shalt go, and I will guide thee with mine Eye.

Be

fol. 57. Communion. 28

Be not like to the Horse or Mule, which have no understanding, whose mouths must be held with Bit and Bridle, lest they fall upon thee.

Great plagues remain for the ungodly, but who so putteth his trust in the Lord, Mercy embraceth him on every side.

Be glad, O ye Righteous, and rejoice in the Lord; and be joyful all ye that are true of heart.

Glory be to the Father, &c.

A Lmighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent; Create, and make in me a new and contrite heart, that I worthily lamenting my sins, & acknowledging my wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness, through Jesus Christ our Lord.
Amen.

A Lmighty and most merciful Father, who for my many and grievous Sins committed against thee, since the last solemn time of my *Humiliation & Repentance*, mightest most justly have cut me off in the midst of my days; But, in the multitude of thy mercies hast hitherto spared me: Accept, I most heartily beseech thee, mine unsign'd sorrow for all my for-

merit

upon transgressions; and grant that I may never so presume of thy mercy, as to despise the riches of thy goodness, but that thy forbearance and long-suffering may lead me to Repentance and amendment of my sinful life, to thy honour and glory, and my final Acquittance and Absolution at the last day: through Jesus Christ our Lord. *Amen.* O belov'd
Lord, make clean my heart within me: and take not thy Holy Spirit from me.

IN the Name of God; the Father, the Son,
and the Holy Ghost. *Amen.*
I am a wretched Sinner; here personally appearing, and * prostrate unto the Majesty of the
your self upon Great and dreadful God, and
his Ground. in the presence of his Holy An-
gels no longer living; having in remembrance
the exceeding mercies of his great Goodness
towards me, as in manifold instances, so espe-
cially in this; that in the day of my Christning,
I was so happily and holily Vowed and Dedi-
cated unto God, to be his Child, and to live in
his continual Service; and that contrary to
the profession which was then made in my
name, I have so many and sundry times so
grossly violated my vow, and profaned my
holy promises, and employed my Soul to the

service of the world, the *Flesh*, and the *Devil*,
At length recalling my self, and with all low-
liness and devotion, casting my Soul and Bo-
dy prostrate before the dreadful Throne of his
Justice, did acknowledge, confess, and yield my
self a miserable wretched Sinner, guilty of that
Death & Passion which Christ once suffered
for me upon the tormenting Cross: But turning
my self to the *Throne of his infinite mercy*, and
with all my might and force, from the very
Deep of my heart, detesting the iniquities of
my fore-pass'd Life, I most humbly beg
and crave pardon for the same, with an en-
tire Absolution from all my sins, even for the
precious Death and Passion sake of my Lord
and Saviour, unto whom I promise and con-
firm again, I do avow and solemnly renew the
which was made in my behalf unto him at my
bply Baptisme, renouncing unfeignedly the va-
nities of this wicked world, the lusts of the
Flesh, and the suggestions of the Devil; and,
converting my self to my most gracious and
merciful God: I desire, deliberate, purpose,
and fully resolve to honour him, serve him, and
obey him for ever hereafter; giving and de-
voting to him for this end, the faculties of my
Soul, and the members of my Body, to be his
faithful, loyal, and obedient Subjects, and
Ser-

24 The Preparation of Grace

Servants for ever ; without unsaying, revoking, or repealing me of this my holy and sacred promise, or, any part thereof. And, I most humbly beseech Almighty God, the Father, the Son, and the Holy Ghost to confirm me in this constant resolution of abandoning these my sins, and living an holy Life : and to accept of this my broken and contrite heart, which he hath promised not to despise, entirely desiring his Fatherly goodness, that as he hath given me a will and desire to purpose, so he would give me strength and grace to perform all holy actions through Jesus Christ our Lord. Amen.

Lord, I pray thee, that thy Grace may always prevent and follow me, and make me continually to be given to all good works, through Jesus Christ our Lord. Amen.

Lord, I beseech thee grant thy Servant Grace to withstand the temptations of the World, the Flesh, and the Devil ; and with a pure heart and mind to follow thee the only true God, through Jesus Christ our Lord.

God, whose nature and property is ever to have mercy , and to forgive, Receive my humble Petitions; & though I be tied and bound with the chain of my sins, yet let the greatness of thy great mercy loose me, for the

Fourth Commandment. 25

the Honour of Jesus Christ our Mediator and Advocate. Amen.

O Saviour of the world save me ! who by thy Cross & Passion hast Redeemed me : help me, and save me, I beseech thee O God.

O the King Eternal, the Immortal, Invisible, and only wise God, who is the ever Blessed and Adorable Trinity, be all Honour and Glory, now, and for ever. Amen.

Having thus ended your mid-day Devotions, review your Catalogue of sins : Fix on that sin, you find your self chiefly addicted to , labour for a Godly sorrow, and relentings of heart on the sight of it ; resolve against all future perpetrations of it, carefully using all remedies which may tend to suppress it : To which purpose, Examine your self concerning those occasions and inducements which did lead you to it, & provide as well as you can against them, noting in your Book those Occasions and Remedies which a Scripture-reason or experience may prompt you to : As for example.

Suppose your self guilty of Irreverence, or want of Devotion in the service of God: write down, what doth commonly induce you to it, what remedies are most proper to the cure of it. Thus,

In the year 1673. March 28th. being Good

Fri

23. An Exhortation to Duty.

Friday (or be it any other day) I Paſted, being
to Receive the Communion the following Sun-
day; and in the exercise of this holy Duty, on
Examination, I found my ſelf much guilty of
Irreverence in the worship of God, and disco-
vered these Temptations to it.

1. Too much additing my ſelf to childiſh
and light Deportments at all times; and there-
fore can hardly remit of them, when I come
into Gods Presence.

2. Listening too Much to the vain Discourses,
and obſerving the impertinent Actions of O-
thers.

3. Want of Consideration in whose Presence
I am; to wit, of the Great Majesty of Hea-
ven; of that God, who, if I do not repent,
will ſtrictly call me to an Accomp̄t for these,
and all other my sins; &c.

From which Occasions you may easily per-
ceive what remedies to uſe againſt it; As

1. To labour for a Grave and modest Car-
riage of my ſelf at all times, conſidering

my Age, Quality, Degree, &c.

2. To avoid vain and light Persons; or if
that may not be done, not to heed them,
or ſeriously to rebuke them.

3. To entertain all awful and Dreadful Ap-
prehensions of the Great God, who ſeeſh
what I do, and how I comport my ſelf.

As also, of the *Holy Angels* who may truly enough be Believ'd, from the intimation of the *Apostles St. John, Revd. viij. and St. Paul, 1 Cor. xi. x.* to be present at *Holy Mysterys.*

4. To these may be added *Lifting up my Eyes to Heaven*; or, *fixing them on the Priest*; and not *letting them loose*, on whatever objects may present themselves. --- These I then *Resolved to consider*, and practise; and will therefore frequently Read them over:

Fven so, Amen: Lord, Let thy Grace be sufficient for me! Lead me not into Temptation; but, Deliver me from evil. Amen.

When Kneeling down, Pray for *Devotion*; or, for any other Grace, the contrary sin whereof you have now found your self guilty of, and Resolved against. You will find *Prayers to this purpose* at the *latter end of this Book*. As for *Devotion*: Thus,

Most Great God, who hast not only promised, but invited us needy and miserable creatures to present our Petitions, to Thee: Oh ! let me set a true value on this most inestimable privilege. I come unto Thee, O Lord

28. A Reparatory Office

Lord, as a Worm to my sovereign Maker; I come as an heinous offender to a just and severe judge: Let I pray Thee my Addresses in thine House be with a Reverence someway answerable to thine awful Majesty; Give me an hearty desire to pray, and such a pure intention and fixedness of mind upon Thee, that I may no more incur the Guilt of Drawing nigh unto Thee with my Lips, when my heart is far from Thee; But may so Ask, that I may receive; seek, that I may find; knock that it may be opened unto me; that so from praying to Thee here, I may be Translated to the Praising Thee Eternally in thy Glory hereafter, through Jesus Christ our Lord. Amen.

This exercise being finished about three of the Clock, the time appointed for the Evening service; at your Return from the Church or Chappel, if you have not fully satisfied your own Conscience, but require further Comfort or Counsel, you are to goe to some Discreet and Learned Minister of Gods word (especially to him under whose Ministry God hath placed you, not being Curious or censorious in your choyce as to this particular) and open your Grief by Confession, that so you may receive the benefit of Absolution, together with Ghostly Counsel and advice to the quieting

for the 3d. Communion. 25

ing of your Conscience; and the avoiding of all Scruple and Doubtfulness.

This being done, (as it ought to be) with Submission and sobriety, you may with Comfort Retire into your Closet, and upon your Knees, Say,

Our Father which art in Heaven, Hallowed be thy Name; thy Kingdom come; thy Will be done in Earth as it is in Heaven; give us this day our daily Bread; and forgive us our Trespasses, as we forgive them that Trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid; cleanse the Thoughts of my heart by the Inspiration of thy Holy Spirit; that I may perfectly love thee, and worthily Magnifie thy Holy Name, through Christ our Lord. Amen.

Then Read, upon your Knees, the Ten Commandments as they are set down in Our Communion Service.

God spake these words, and said, I am the Lord thy God; thou shalt have none other Gods before me.

C

Lord

30. A Preparatory Office

Lord have Mercy upon me, & incline my heart to keep this Law.

Thou shalt not make to thy self any graven Image, nor the likeness of anything that is in Heaven above, or in the Earth beneath, or in the Water under the Earth. Thou shalt not bow down to them, nor worship them ; for I the Lord thy God am a jealous God , and visit the sins of the Fathers upon the Children, unto the third and fourth generation of them that hate me, and shew mercy unto thousands in them that love me, and keep my Commandments.

Lord , have Mercy upon me, and incline my heart to keep this Law.

Thou shalt not take the Name of the Lord thy God in vain ; for the Lord will not hold him guiltless that taketh his name in vain.

Lord have Mercy upon me, and incline my heart to keep this Law.

Remember that thou keep holy the Sabbath day. Six days shall thou labour, and do all that thou hast to do ; but the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no manner of work ; thou, and thy Son, and thy Daughter ; thy Man-servant, & thy Maid-servant ; thy Cattle, and the Stranger that is within thy Gates ; for in six days the Lord made Heaven and Earth, the Sea, and all that is therein is, and rested the seventh day ; wherefore

for the 3d. Commandment 31

fore the Lord blessed the seventh day, and hallowed it.

Lord have Mercy upon me, and incline my heart to keep this Law.

Honor thy Father and thy Mother, that thy days may be long in the Land which the Lord thy God giveth thee.

Lord have Mercy upon Me, and incline my heart to keep this Law.

Thou shalt do no Murder.

Lord have Mercy upon me, and incline my heart to keep this Law.

Thou shalt not commit Adultery.

Lord have Mercy upon me, and incline my heart to keep this Law.

Thou shalt not Steal.

Lord have Mercy upon me, and incline my heart to keep this Law.

Thou shalt not bear false witness against thy Neighbour.

Lord have Mercy upon me, and incline my heart to keep this Law.

Thou shalt not covet thy Neighbours House, thou shalt not covet thy Neighbours Wife, nor his Servant, nor his Maid, nor his Ox, nor his Ass, nor any thing that is his.

Lord, have Mercy upon me, and write all these thy Laws in my heart, I beseech thee.

320 A Preparatory Office

O Almighty Lord, and everlasting God; vouchsafe, I beseech thee to direct, Sanctifie and Govern both my Soul and Body in the ways of thy Laws, and in the works of thy Commandments, that through thy most mighty protection, both here and ever, I may be preserved both in Body and Soul, through our Lord and Saviour Jesus Christ. Amen.

Then stand up and heartily repeat your Creed.

I Believe in God, the Father Almighty, maker of Heaven and Earth, and in Jesus Christ his only Son our Lord, who was Conceived by the Holy Ghost; born of the Virgin Mary; suffered under Ponteus Pilate; was Crucified; Dead and Buried; He descended into Hell; the third day he rose again from the Dead, he ascended into Heaven, and sitteth on the Right Hand of God, the Father Almighty, from whence he shall come to judge the quick and the dead. I believe in the Holy Ghost, the Holy Catholick Church, the Communion of Saints, the forgiveness of Sins; the Resurrection of the body, and the Life everlasting. Amen.

All which Kneel again, and pray:

For the 3^d. Communion. 33

A Lmighty everlasting God, heavenly Father, I give thee humble thanks, that thou hast vouchsafed to bring me to the knowledg of this faith in thee ; and do beseech thee, that thou wouldest keep me steadfast in this faith, and evermore defend me from all adversities, who livest and reignest one God, World without end. Amen.

Lord have mercy upon me !

Christ have mercy upon me !

Lord have mercy upon me !

Psal. 38.

Put me not to rebuke, O Lord, in thine Anger, neither chasfen me in thy heavy displeasure.

For thine Arrows stick fast in me, and thy hand presseth me sore.

There is no health in my flesh, because of thy displeasure, neither is there any rest in my bones, by reason of my sin.

Fos my wickednesses are gone over my head, and are like a sore burthen, too heavy for me to bear.

My wounds stink, and are corrupt through my foolishness.

I am brought into so great trouble and misery, that I go mourning all the day long.

For my Loyns are filled with a sore disease, and there is no whole part in my body.

34. 21. *Preparation for*

I am feeble and sore smitten ; I have roared
for the very disquietness of my heart.

Lord, thou knowest all my desire, and my
groaning is not hid from thee.

My heart panteth, my strength hath failed
me, and the sight of mine eyes is gone from
me.

My Lovers and my Neighbours did stand
looking upon my trouble, and my Kinsmen
stood afar off.

They also that sought after my life, laid
snares for me ; and they that went about to
do me evil, talked of wickedness, and imagined
deceit all the day long.

As for me, I am like a deaf man, and heard
not ; and as one that is dumb, who doth not
open his mouth.

I became even as a man that heareth not,
and in whose mouth are no reproofs.

For in thee, O Lord, have I put my trust ;
thou shalt answer for me, O Lord my God.
I required that they, even mine Enemies
should not triumph over me ; for when my
foot Slipt, they rejoiced greatly against me.

And I truly am set in the Plague, and my
beaviness is ever in my sight.

For I will confess my wickedness, and be
sorry for my sin.

But

for the 5th. Communion. 35

But mine Enemies live, and are mighty ;
and they that hate me wrongfully, are many
in number.

They also that reward evil for good are
against me, because I follow the thing that
good is.

Forsake me not, O Lord my God ; be
not thou far from me.

Hast thee to help me, O Lord God of my
Salvation.

*Glory be to the Father, and to the Son, and
to the Holy Ghost ;
As it was in the beginning, is now, and
ever shall be, world without end. Amen.*

O Christ Hear me ! and Remember now
that Hour, in which thou didst once
Command thy Blessed Spirit into the
hands of thy Heavenly Father, when with a
Torn Body and a Broken Heart, thou didst shew
forth the Bowels of thy mercy, and Dye for
us. I beseech thee, O thou Brightness and
Image of God. Assist me by this thy most pre-
cious Death, that being Dead unto the world,
I may live only unto Thee ; and at the last
hour of my Departure from this mortal Life,
I may commend my Soul into thine hands,
and thou mayst receive me into life immortal,
there to Reign with thee for ever and ever.
Amen.

36 **Preparatory Offices**

Grant me, in the mean time, Gracious Lord, a pure intention of heart, and a steadfast resolution to despise all vanity, to fight the Battles of the Lord manfully against the world, the flesh, and the Devil, to spend my time religiously and usefully, to speak gracious words, to walk always as in thy presence, to preserve my Soul and Body in holiness, fit for the habitation of the Spirit of God. Amen.

My Lord, and my God; Give me I beseech thee, a wise, a sober, a patient, an understanding, a devout, a religious, a courageous heart; chaste and temperate reins and thoughts; a soul full of Devotion to do thee Service; and do thou make my services acceptable to thee while I live, and my soul ready for thee, when I Dye. Amen.

O Lord, Increase in me Faith and Devotion, replenish my heart with all Goodness, and of thy great mercy keep me in the same; give me true humility in prosperity, patience in adversity, and continual joy in the Holy Ghost, Amen.

O Lord, Give me Spiritual wisdom, that I may discern what is pleasing to thee, and follow

for the 5th. Communion. 37

low what belongs unto my Peace ; and let the knowledge and Peace of God, and of Jesus Christ our Lord be my Guide and my portion all the days of my life. Amen.

I now am alive in Christ, above you me i praye

O Lord ; make me humble to my Superiors, and friendly to my Equals ; thankful to my Benefactors, loving to my Relations, and Charitable to my Enemies ; to be gentle and easily entreated , slow to anger , and readily admonished ; fully prepared, and throughly furnished for every Good word and work ;

Amen.

Conqueror yet in y^r Labour 22 v

O Lord ; give me a peaceable Spirit, and a quiet life, free from Debt and deadly Sin ; give me Grace to abstain from all appearance of evil, and to do nothing but what is of good report ; to confess Christ and his holy Religion by an holy and obedient life, and a mind ready to dye for him, when he shall call for me ; and then, O Lord, Assist me ! Amen.

Conqueror yet in y^r Labour 22 v

O Lord Jesu ! I give thee my Body, my Soul, my substance, my same, my Friends, my Liberty and my Life ; Dispose of me, and of all that is mine, as it seemeth best to thee, and to the Glory of thy Holy Name : Amen.

;

38. A Preparation Office

I Am not now *Mine*; but, *Thine*; therefore Claim me as thy right, Keep me as thy charge, and love me as thy child: Fight for me, when I am assaulted, heal me when I am wounded, and Revive me when I am destroyed: *Amen.*

O God, from whom all good things do come; grant to me thy humble servant, that by thy holy inspiration I may think those things that are good, and by thy merciful guidance may perform the same, through Jesus Christ our Lord: *Amen.*

Give me modesty in my Countenance, gravity in my behaviour, deliberateness in my Speech, and righteousness in all my Actions: Let thy mercy cleanse me from my Sins; and let thy Grace bring forth unto the fruits of everlasting life: *Amen.*

O God, who knowest us to be set in the midst of so many and great dangers, that by reason of the weakness of our nature we cannot always stand upright; Look I beseech thee, on my Frailities and Infirmities; and grant me such health of body, that both in my soul and body I may evermore serve thee with all my strength and might; through Jesus Christ our Lord: *Amen.*

A *S*hew me mercifully, O Lord, in these, and all my Supplications and Prayers; and dispose the way of thy Servant toward the attainment of everlasting salvation; that among all the changes and chances of this mortal life, I may ever be defended by thy most gracious and ready help, through Jesus Christ our Lord: *Amen.*

G od the Father bless me! God the Son defend me! God the Holy Ghost preserve me! God the Holy Trinity be with me, now and forevermore! *Amen.*

After this, apply your self to read some choyce portion of Scripture; particularly, the History of our Saviours passions, as in the Gospels for the Holy week. Read, with as much affection and heartines, as is possible; all along reflecting on his Innocency, and your self, as one of those Guilty Wretches, for whom he suffered all this.

And think thus with your self,

I have occasioned more torment to Him, than his very Crucifiers; they crucified him *Once*; but I have as much, as in me lay, crucified him *daili*; they crucified him, because they knew him not; but I have known

40 *The Preparatory Office*

and yet I have still continued thus to crucifie him afresh.

These Meditations, as they should work in us a great Sorrow for our sins past, and a great hatred, and a firm resolution against them for the time to come ; so likewise should they quicken and stir up our Faith in, our Love of, and our Thankfulness unto Christ, for his so great Mercy in Redeeming us by so dear a Price.

Now must your Prayers end here ; they are not Compleat without Intercessions, nor acceptable without Charity, which is a main requisite to a Worthy Communicant.

At six of the Clock therefore betake your self again to Prayer for All Men ; for Christ's Holy Catholick Church ; and for all, who either by Relation, Acquaintance, or more particular desire, may claim a share in your Prayers.

Our Father which art in Heaven, hallowed be thy Name : Thy Kingdome come : Thy Will be done in Earth as it is in Heaven : Give us this day our daily Bread : And forgive us our Trespasses, as we forgive them that Trespass against us : And lead us not into temptation, but deliver us from Evil : Amen.

Psal.

for the 3d. Communion. 4

Psal. 102.

Hear my prayer, O Lord, and let my crying come unto thee.

Hide not thy face from me in the time of my trouble; incline thine ears unto me, when I call; O hear me, and that right soon.

For my days are consumed away like smoak, and my bones are burnt up as it were a fire-brand.

My heart is smitten down, and withered like grass, so that I forget to eat my bread.

For the voyce of my groaning, my bones will scarce cleave to my flesh.

I am become like a Pelican in the Wilderness, and like an Owl that is in the Deserpt.

I have watched, and am even as it were a Sparrow that sitteth alone upon the House-top.

Mine Enemies revile me all the day long; and they that are niad upon me, are sworn together against me.

For I have eaten ashes as it were bread, and mingled my drink with weeping.

And that because of thine indignation and wrath; for thou hast taken me up, and cast me down.

My days are gone like a shadow, and I am withered like grass.

But thou, O Lord, shalt endure for ever, and thy remembrance throughout all generations.

Thou

43 A Preparatory Office

Thou shalt arise, and have mercy upon Sion,
for it is time that thou have mercy upon her,
yes the time is come.

And why? Thy Servants think upon her
stones, and it pityeth them to see her in the
dust.

The Heathen shall fear thy Name, O Lord,
and all the Kings of the Earth thy Majesty.

When the Lord shall build up Sion, and
when his glory shall appear.

When he turneth him unto the Prayer of
the poor destitute, and despiseth not their
desire.

This shall be written for those that come af-
ter, and the people which shall be born, shall
praise the Lord.

For he hath looked down from his Sanctu-
ary; out of the Heaven did the Lord behold
the Earth.

That he might hear the mournings of such
as are in Captivity, and deliver the Children
appointed unto death;

That they might declare the Name of the
Lord in Sion, and his Worship at Jerusalem.

When the people are gathered together,
and the Kingdoms also to serve the Lord.

He brought down my strength in my jour-
ney, and shortened my days.

But I said, O my God, take me not away

for the 3d. Communion. 43

in the midst of mine age; as for thy years,
they endure throughout all Generations.

Thou, Lord, in the beginning hast laid the
foundation of the Earth ; and the Heavens
are the work of thy hands.

They shall perish, but thou shalt endure ;
they all shall wax old, as doth a garment.

And as a Vesture shalt thou change them,
and they shall be changed ; but thou art the
same, and thy years shall not fail.

The Children of thy Servants shall com-
mune, and their seed shall stand fast in thy
sight.

*Glory be to the Father, and to the Son, and
to the Holy Ghost.*

*As it was in the beginning, is now, and
ever shall be, world without end. Amen.*

A Lmighty God, who of thy tender-love
towards Mankind hast sent thy Son
our Saviour Jesus Christ to take upon
him our flesh, and to suffer Death upon the
Cross, that all Mankind should follow the
example of his great Humility ; Mercifully
grant, that I may both follow the example of
his Patience, and also be made partaker of
his Resurrection, through the same Jesus
Christ our Lord, Amen.

44 PREPARATORY OFFICE

Almighty God, I beseech Thee graciously
to behold thy Family for which our
Lord Jesus Christ was contented to be be-
trayed, and given up into the hands of wick-
ed men, and to suffer Death upon the Cross;
who now Liveth and Reigneth with Thee and
the Holy Ghost, ever One God, world with-
out end, Amen.

Almighty and everlasting God, by whose
Spirit, the whole Body of the Church is
governed and Sanctified; Receive my Sup-
plications and Prayers which I offer before
Thee for all Estates of men in thy Holy
Church, that every Member of the same, in his
Vocation and Ministry, may truly and God-
ly serve Thee, through our Lord and Saviour
Jesus Christ. Amen.

O Merciful God, who hast made all men, and
hatest nothing that thou hast made, nor
wouldest the Death of a sinner, but ra-
ther that he should be Converted and live:
Have mercy upon all Jews, Turks, Infidels,
and Heretics; and take from them all Ignor-
ance, hardness of heart and contempt of thy
Word; and so fetch them home, Blessed Lord,
to thy ~~Kingdom~~, that they may be saved among
the Remnant of the true Israelites, & be made

One

for, & ye 39. Communion. 45

One Flock, under One Shepherd Jesus Christ our Lord, who Liveth and Reigneth with Thee, and the Holy Spirit, One God world without end, Amen.

A Lmighty God, who hast purchased to thy self, an Universal Church by the precious Blood of thy Dear Son ; mercifully look on that part of it in these Kingdoms, so miserable smitred and distressed. I confess, O Lord, our sins have justly deserved that thou shouldest remove thy Candlestick from us, and by some extraordinary judgment make us a scorn and a By-word to the World; But, I beseech Thee, Reverse those Plagues which we have deserved ; and continue those mercys which we have hitherto enjoyed, especially the comfort of thy Gospel, and liberty of thy Truth. Oh ! Let not our Adversaries ever roar in the midst of our Congregations, and set up their Banners as signs of Victory, and Conquest over us ; But sheld and protect us with thy mercy, that in thy Holy Church we may still glorify thy Name, through Jesus Christ our Lord, Amen.

46. A Preparatory Office

God, the unspeakable Author of the World, Creator of Men, Governour of Empires, and Establisher of all Kingdoms, who out of the loyns of our Father **ABRAHAM** didst chuse a King, that became the Saviour of all Kings and Nations of the Earth : Bless, I beseech Thee, thy Servant and our Dread Sovereign Lord King **CHARLES** with the richest blessings of thy Grace ; and Establish him in the Throne of his Kingdom by thy mighty Aid and Protection : visit him, as thou didst visit Moses in the Bush, Joshua in the Battel, Gideon in the Field, Samuel in the Temple : Let the dew of thy abundant mercies fall upon his Head, and give unto him, the Blessing of David and Solomon : Be unto him an Helmet of Salvation against the face of his Enemies, and a strong tower of defence in the time of Adversity ; let his Reign be prosperous, and his Days many : let Peace, and Love, and Holiness ; let Justice and Truth, and all Christian Vertues flourish in his time ; let his People serve him with Honour and Obedience ; and let him so duly serve Thee here on Earth, that he may hereafter Everlastingly serve Thee in Heaven, through Jesus Christ our Lord. *Amen.*

for the 3d. Communion. 47

I Beseech Thee, O Lord, to Save and Defend all Christian Kings, Princes and Governmentours; especially thy Servant CHARLES our King, that under him we may be godly and quietly governed; and grant unto his whole Council, and to all that are put in Authority under him, that they may truly and indifferently Minister Justice, to the punishment of Wickedness and Vice, and to the maintenance of thy true Religion and Vertue, Amen.

A Lmighty God, the God of all mercy, I humbly beseech Thee to pour down the riches of thine abundant Goodness upon the Head of thine Hand-maid our most Gracious Queen KATHERINE, that she being continually beautified with the Royal Ornaments of thy heavenly Grace, may be holy and Devout as HESTER, Loving to the King as RACHEL, fruitful and wise as REBECCA, and Obedient as SARAH, and with long life and glory continuing in her high and Princely estate here, she may at the last be brought to the great happiness of thine everlasting estate hereafter, through Jesus Christ our Lord, Amen.

48. A Preparatory Office

Almighty God, the fountain of all goodness, I humbly beseech Thee to bless the most Illustrious Prince, James Duke of YORK, and all the Royal Family: Endue them with thy Holy Spirit, enrich them with thy Heavenly Grace, prosper them with all happiness, and bring them to thine everlasting Kingdom, through Jesus Christ our Lord.

Amen.

Almighty God, who alone workest great Marvels, give grace to all Bishops, Priests, and Deacons, especially to those under whose Dispensations I live: Illuminate them with true knowledge and understanding of thy Word; and grant that by their Preaching and living they may set it forth, and shew it accordingly, and also rightly and duly administer thy holy Sacraments: Grant this for thy Son Jesus Christ his sake. Amen.

O Thou God of Truth. Bring into the way of Truth all such as have err'd and are deceiv'd! O Thou Father of Comforts, succour, help and comfort all that are in danger, necessity and tribulation; preserve all that travel by land or by water; all women labouring of Child, all sick persons and young Children; shew thy pitty upon all Prisoners

and

To the H. Communion. 49

and Captives ; provide for the Fatherless Children and Widows, and all who are desolate and Oppressed : yea , have mercy upon all men, especially those whom thou hast called to the Knowledge of, and Faith in thy Son Jesus Christ, Amen.

A Lmighty God, the Creator and Preserver of all men, (who hast commanded me to honour my Father and my Mother ; Grant me of thy goodness and grace so to love and honour them, to fear and obey them, to help and to pray for them, as thou in thy holy Word hast directed and charged me to do, that both in their lives and deaths their Souls may bless me) Give I pray Thee (unto them and) unto all my Relations and Benefactors deliverance from all dangers both of body and soul ; keep them in the stedfastness of thy Faith, and in the obedience of thy holy Commandments: Bless them O Lord, and make us all doubly dear to each other, both in the flesh, and in the Lord, and that for our Lord Jesus Christ his sake. Amen.

This is only to be said by those who have Parents, or a Parent.

O God from whom every good and perfect gift proceedeth ; Accept my Praise & Thanksgiving which I offer unto thee for all

D 3 thy

50 Preparation Office

thy Mercys and Benefits from time to time vouchsafed unto me ; For my *Health, Peace, Liberty, Friends,* and all other Blessings of this Life ; for *Jesus Christ* the Fountain of all, for his *Conception, Birth, Circumcision;* for his *Baptism, Fasting, Temptation;* for his *Holy and most exemplary Life;* for his *bitter, cruel, and yet patient and Meritorious Death;* for his *Victorious Triumphant Descent into Hell;* for his *Glorious Resurrection and Ascension;* for the *Coming of the Holy Ghost,* the *Eternal Comforter* upon the *Apostles on the Day of Pentecost;* And from that time, for the constitution of a *Catholique and Apostolique Church,* which is to *Continue to the end of the World.* And I beseech thee O Lord, Give me that due sense of all thy Mercies, that my heart may be unfeignedly thankful ; and that I may shew forth thy Praise not only with my Lips, but in my life, by giving up my self unto thy service, and by walking before Thee in Holiness and Righteousness all my Days, through Jesus Christ our Lord. Amen.

A Lmighty God, who by thy *Holy Apostles* hast taught us, not only to make Prayers and supplications ; but also to give thanks for all men : I offer up unto thee most high Land

and

for the H. Communion. 51

and humble thanks for all thy wonderful Graces
and Virtues which thou hast declared in All
Saints ; chiefly in the Glorious
and most Blessed Virgin † MARY, + St Lucy
the Mother of thy Son Jesus Christ; 14. 8.
and all others who have Departed
this Life with the Seal of Faith, and do now
rest in the sleep of Peace; such as were the
Patriarchs, Prophets, Apostles, Martyrs and
Confessors; Holy Virgins, pious
Matrons, and * Devout Widows, * 1 Tim.
who have washed the feet of the v. 3 -- 16.
Saints : Beseeching Thee, that
we may still continue in their *H. Communion*,
and enjoy the comfort thereof while we are
on earth, following with a glad will and mind
their holy Examples of godly living and sted-
fastness in thy Faith; and that at the last day
we with them, and *They with us* may attain to
the Resurrection of the just, and have our
perfect Consummation and Bliss both in Bo-
dy and Soul in thy eternal and everlasting
Glory, through Jesus Christ our Lord, to
whom with Thee, and the Holy Ghost, be
Ascribed by us, as it is by Angels and Arch-
angels, and the whole Company of Heaven,
all Honour and Glory, World without end.
Amen.

The Preparatory Office.

Almighty God, who hast promised to hear the Petitions of them that ask in thy Son's Name; I beseech Thee mercifully to incline thine Ears unto me, now that in his Name, I have made my Prayers and Supplications unto Thee; and, grant that those things which I have faithfully asked, according to thy Will, may effectually be obtain'd to the Relief of my Necessity, and to the setting forth of thy Glory, through Jesus Christ our Lord. Amen.

The Peace of God which passeth all understanding; The Blessing of God Almighty, the Father, the Son, and the Holy Ghost; the virtue of Christ's Blessed Cross and Passion, be with Me now, at the Hour of Death, and in the day of Judgment. Amen.

Having thus interceded and given thanks, at Seven of the Clock, with chearfulness depart your Closet: let not your Behaviour be without Innocent Alacrity; but, let your special care be to comport your self at these your Fasts, that they may not (if possible) be taken notice of by any, but your self and God; as being mindful of that Command of our Saviour, St. Math. vi. 17, 18. Against thy Head,

for the 3d. Communion. 33

Head, and wash thy Face, that thou appear not unto Men to Fast. Be sure then, to avoid all Sullenness, and Moroseness; but, give ready and cheerful Answers to any that shall demand you.

Thus disposed, you are ready for your Supper by Seven o'Clock, which the present Customs and Law of the Church, you live in, will not allow to be Flesh, but Fish, Eggs, or some such thing; whereto, notwithstanding your long Abstinence, you must not let loose your Appetite; but Eat more sparingly than at other times.

Choose few Hours from Supper, to Bed-time, you cannot better bestow than in Reading, or Walking, and Meditating on the particular Exercises of your Fast; examining your self, Whither you have been as Intent, as Devout in the Performance of them as is requisite? And where you have failed, heartily bewail your self to God, Resolving within your self to be more serious and careful for the Time to come. Be frequent and diligent in looking over your ~~Accomptal~~, observing every Week since you last Communicated, what your Carriage hath been? How you have amended, especially in those particulars, in which you have formerly taken notice of your Misfortunes, and Vowed Reformation? Some,

94. A Preparatory Office

Sometimes before you retire to your Evening-Prayers, Return to your Closet ; and let your Charity crown your Devotions, [Ex Cor. xv. 2.] Setting apart, and Devoting somewhat unto God of what you have to the Relief of his suffering Servants ; distributing it when you see Occasion : In the mean time, Separate it from the rest of your store, and ever after look upon it as Devote, and not to be touched, except to be dispensed to the Poor ; when you do thus Consecrate it unto God, use this, or the like Ejaculation.

St. Luke
xix. viii.

V V Hat I give, O Lord, is
of my Own, as thou
haft prospered me ; if

I have wronged any One, I am ready to restore fourfold.

¶ O Lord, whose is the Earth, and the fulness thereof ; I offer unto Thee, What by thy Gift and Blessing I have, this small Testimony of my Thankfulness, to be bestowed on those Poor Christians, whom thy Providence shall give me opportunity to Relieve : Be thou pleased through the Blood of my Saviour to accept it, and pardon all my vain Expences. Amen.

¶ Thou art my God ; my Goods are nothing unto Thee : All my Delight is upon the Saints

for the H. Communion. 55

Saints that are in the Earth, and upon such as
excel in Virtue.

About Ten, or Eleven of the Clock, betake
your self to your ordinary Prayers for the
Evening, whereto subjoyn the two Pray-
ers for preparation to the Holy Com-
munion, which are above written, as
also on every such day 143. Psalm.

Hear my prayer, O Lord, and consider
my desire: hearken unto me for thy
truth and righteousness sake.

2. And enter not into judgment with thy
servant: for in thy sight shall no man living be
justified.

For the Enemy hath persecuted my soul,
he hath smitten my life down to the ground:
he hath laid me in the darkness, as the men
that have been long dead.

Therefore is my spirit vexed within me:
and my heart within me is desolate.

Yet do I remember the time past, I muse
upon all thy works: yea, I exercise my self in
the works of thy hands.

I stretch forth my hands unto thee: my soul
gasps unto thee as a thirsty land.

Hear me, O Lord, and that soon, for my
spirit waxeth faint: hide not thy face from me,

left

lest I be like unto them that go down into the pit.

O let me hear thy loving kindness betimes in the morning, for in thee is my trust: shew thou me the way that I should walk in, for I lift up my soul unto thee.

Deliver me, O Lord, from mine Enemies: for I flee unto thee to hide me.

Teach me to do the thing that pleaseth thee, for thou art my God: let thy loving Spirit lead me forth into the land of righteousness.

Quicken me, O Lord, for thy Names sake: and for thy righteousness sake bring my soul out of trouble.

And of thy goodness slay mine Enemies: and destroy all them that vex my soul, for I am thy servant.

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, World without end. Amen.

*T*HUS may you end your course of Prayers for every Friday preceding a Communion Sunday. They are such I think, as may suit your leisure and condition; if not, you are prudent enough to omit or alter what you see good. I have too, all along supposed your

your constitution strong enough to hold out such a Fast ; if your health will not bear it , in Gods name, eat, but moderately, and let your Food be mean and ordinary, such as a crust of Bread, a little Wine, or a glass of small Beer, &c.

And now having finished your Penitential Devotions on the Friday, or the Eve to Christmas day, you have the less to do on the Saturday, nothing but to guard your self more strictly against Temptations, that they prevail not upon you ; to which purpose , Be much in Reading the Scripture, or some good Book ; particularly *The whole Duty of Man* ; the Third Partition of it concerns the Lord's Supper, which after Evening-Prayer read considerately over , applying every Passage to your self, as being some way or other concern'd in it.

P art of this Day, you may bestow in Offices of Charity : As, Visiting your sick Friends, or reconciling your self to any with whom you may have had any Difference, as you shall find occasion ; or, as you shall be directed by your Spiritual Guide.

On Sunday spending you rise by Six a Clock; and subjoyn to your Morning-Prayers those Two Collects for Preparation above mentioned.

After

THE PREPARATORY OFFICE

After this consider, How you may with due Devotion comport your self at the Holy Altar? and, what are those particular Duties and Graces you are there to exercise? You will find an account of them in the third Partition of the whole Duty of Man.

Then examine the State and Temper of your Heart; whether it be Tender, and affectionately disposed to Relentings for your Sins, Purposes against them, and Resolutions for a Holy Life? To humble Reliances, and trust on God in our Saviour's Blood for Pardon? To Spiritual Joy and Thankfulness? To Good will towards all men? To Charity, and Liberality? and the like: Otherwise, have an Hearty Desire, and use your utmost endeavour, which will be accepted, to bring it to such a Disposition.

If, after all this be done, you have any Spare-Moments before Church, or Chappel-Time; you would do well to bestow them in Reading over the Communion-Service; by which means you will be able with more Readiness and Devotion, to go along with the Priest in the Publick Ministrations of it.

About an Hour before you go forth, Review the Account of your sins, noted in your Paper; let your Heart go along with the Reading of them, Sorrowing for them, and Resolving against them. After

for the 39. Commandment. 59

After this, humbly Kneel, and Repeat the
Li Psalm.

H Ave Mercy upon me, O God, after thy
great goodness ; according to the
multitude of thy Mercies, do away
mine offences.

Wash me throughly from my wickedness,
and cleanse me from my sin.

For I acknowledge my faults, and my sin
is ever before me.

Against thee only have I sinned, and done
this evil in thy sight ; that thou mightest be
justified in thy saying, and clear when thou
art judged.

Behold, I was shapen in wickedness, and
in sin hath my Mother Conceived me.

But lo, thou requirest Truth in the inward
parts, and shalt make me to understand Wis-
dom secretly.

Thou shalt purge me with Hyssop, and I
shall be clean ; Thou shalt wash me, and I
shall be whiter than Snow.

Thou shalt make me hear of joy and glad-
ness, that the bones which thou hast broken,
may rejoice.

Turn thy face from my sins, and put out all
my misdeeds.

Mak-

50. THE PREPARATORY OFFICE

Make me a clean heart, O God, and renew a right spirit within me.

Cast me not away from thy presence, and take not thy holy spirit from me.

O give me the comfort of thy help again, and establish me with thy free spirit.

Then shall I teach thy ways unto the wicked, and Sinners shall be converted unto thee.

Deliver me from blood-guiltiness, O God, thou that art the God of my Health; and my tongue shall sing of thy Righteousness.

Thou shalt open my Lips, O Lord, and my Mouth shall shew thy praise.

For thou desirest no Sacrifice, else would I give it thee; but thou delightest not in Burnt-offerings.

The Sacrifice of God is a troubled Spirit: a broken and contrite heart, O God, thou wilt not despise.

O be favourable and gracious unto Zion, build thou the Walls of Jerusalem.

Then shalt thou be pleased with the Sacrifice of Righteousness, with the Burnt-offerings and Oblations; then shall they offer young Bullocks upon thine Altar.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, World without end. Amen.

The

Baptism, Confirmation, 77

Then these following Collects.

1. O Blessed Jesus, who didst take upon Thee our Nature, and suffered Death upon the Cross for our Redemption; and hast commanded us to continue the Memory of this thy precious Death, till thy Coming again; Oh! Let not the inefinable Benefits of it be frustrated by my manifold and grievous sins; But inspire my Soul with those Graces which may qualify me to Receive them tendered unto me in this blessed Sacrament. O Lord, Thou seest that I have no power of my self to help my self! Oh! Let the pitifulness of thy great Mercy loose me from the Chains of those sins wherewith I am tied and bound; that being thus set at Liberty, I may here with Chearfulness run the ways of thy Commandments, and hereafter enter into thy Joy. O Blessed Saviour and Redcemer. Amen.

2. Thou O God, and Saviour, knowest how vile I am, & with what Eagerness I have pursued the Paths that lead unto Everlasting Death! How often hath this Feast been prepared, I lovingly Bidd, and called thereto; but have with frivolous Excuses absented my self? Or, if I have come, have brought such Troops of thy professed Enemies, Unrepented-Sins, along with me, as if,

THE 26TH OF APRIL OR PENTECOST.

I came not to adage, but to defie Thee ; not to Commemorate, but to Renew thy Passion !
I am not worthy, O Lord, I am not worthy to come into thy presence ; much less, to eat
the Flesh of the Sacrificed Lamb : For , my
Sins, & *Blessed Jēsū*, went along in Confe-
dation with the *High Priests*, in Treachery
with *Iudas*, in Injustice with *Pilate*, in Malice
and Cruelty with the *People* ; Oh ! what pu-
nishment then shall I be thought worthy of,
who have thus trampled under foot the Son of
God, and counted the *Blood of the Covenant*
an Unholy Thing ? Where shall I vile Wretch
appear, who have put my **LORD** to Death !
Who have crucified to my self the SON of
God afresh, and put thee to an open shame !
Where should I appear, but before my Sa-
uer, who hath loved, and dyed for me, though
I have hated, and Murthered him ? Thy
Blood, *O Jēsū*, is my only Refuge ! Oh ! Let
the Cry of it speak on my Behalf ; and may
it speak better things than the Blood of Abel.
Be merciful unto me, *O God*, be merciful un-
to me, for my Soul trusteth in Thee ; and in
the clefes of thy Wounds shall be my Refuge
until thy Father's Indignation be overpast !
Oh *Blessed Advocate* and *Mediator* Inter-
cede for me with thy Father and ours, the
God and ours ; and grant, that by the Grace

which thou hast found, by the prerogative, which thou hast deserved, by the mercy, which thou hast purchased for me, as thou hast been partaker of my sufferings and Infirmities, so I by thy Death and Resurrection, and by thy infinite gracius Intercession may be made partaker of thy Holiness and thy glory, even for thy own Merits sake. Amen.

3. O Lord, who hast promised, that if I open my mouth wide, Thou wilt fill it; I pray thee, to open it; and, not my mouth only, but my heart also: Oh! Create in thy servant a great hunger, and thirst after the things of thy Kingdom, and the Righteousness of it; after all the holy graces, and all the holy ministrays of Grace; that I may long for the Bread of Heaven, thirst after the fountain of Salvation, and as the Hart panteth after the water-Brooks, so my soul may desire Thee, O Lord: Oh! Kindle such an holy flame in my Soul, that it may consume all my sins and cursed affections, that I may never again defile the place which thou hast chosen for thy Temple. Thou didst, O Dear Jesus, to redeem me from iniquity; Oh! let me not again sell my self to wickedness: I am a sinner, a grievous one, not worthy to look up to Heaven; But be

80. A Preparatory Office

thou pleased to look down into the Dust, and lift up a Sinner from the Dunghill ; Let me not perish in my folly, or be consumed in thy heavy displeasure ; Give me time and space to repent ; and give me powers of Grace, that as by thy Holy Inspiration I do sincerely and fixedly resolve on an intire Reformation, so by thy merciful Guidance I may faithfully perform the same. Amen.

4. O Thou Great Physician of Souls ; Heal me of those many, and foul Diseases which my Soul groans under ; Grant that I may now so Touch thee that every one of those loath-some *senses* may immediately stanch, that these sicknesses may not be unto Death ; but to the Glory of thy mercy in pardoning, to the glory of thy Grace in purifying so polluted a wretch. Oh Christ bear me ! Inspire me with an holy Zeal to mortifie my sins, support me with an Holy Hope, confirm me with an excellent and un-reproveable Faith, and inkindle in me a never-failing Charity : Let me judge my self, that I be not judged by thee ; condemn my self, that I be not condemned with the world : But, Receiving this *Holy Sacrament* with a penitent heart, and a lively Faith, I may partake the great benefits of it ; I may dwell

for the 3^d. Communion. 8

dwell in Christ, & Christ in me; I may be one with Christ, and Christ with me: The Lord be merciful unto me, and grant this for his own Bowels and Compassions sake. Amen.

Then these Collects of Intercession.

Merciful God, who hast made all men, and wouldest not the Death of a sinner, but rather that he should Turn from his wickedness and live; to which purpose, Thou hast sent thy Son out of thy Bosom to suffer death upon the Cross for our Redemption: look down in mercy & pity upon Poor Man-kind, whose portion is folly and misery, shame, and Death: Bring all sinners to Repentance: enlighten all that sit in darkness; all Jews, Turks, Infidels, Heretics, and Schismatics; Take from them all blindness, hardness of heart, and contempt of thy word and Commandment; & so fetch them home, Blessed Lord, unto thy fold, that they may be saved among the remnant of the true Israelites, and be made One Fold under one Shepherd, Jesus Christ our Lord. Amen.

Gracious Lord, I do more especially humbly present to thy divine Majesty this Glorious sacrifice which thy blessed Son made upon the Cross, in the behalf of all

82. 2nd Episcopacy Office.

Christians throughout the World: Give unto them all, O God, a portion of all the good Prayers which are made in Heaven and Earth, the *Intercession* of our Lord, and the supplications of all thy servants. Oh! Let us walk worthy of that Holy vocation wherewith we are called; let us who name the name of Christ, depart from iniquity; and Unite us in the bonds of the *Common Faith*, and an holy Charity, that no interests or partialities, no Sects or Opinions may keep us any longer in darkness and division; But that we may with one mind, and one mouth glorifie thee, the Father of our Lord Jesus Christ.

Amen.

O Father of Mercys, be merciful to this Miserably Divided Church in which we live; according to all thy righteousness, let thine anger be turned away from us; let Religion and Virtue season all sorts of men therein; Forgive us all our sins; Turn thee unto us, and bless us, that the world may say, Blessed is this people, whose God is the Lord Jeborah, and Blessed are the folk whom he hath chosen to him to be his Inheritance! Lord, Hear, and cause thy Face to Shine upon this thy Sanctuary which is thus sadly desolate for the Lords sake. Amen.

O

O King of Kings, and Lord of Lords, give
I Pray thee the Spirit of Government
and Holiness to all Christian Kings, Princes
and Governors; especially to thy Servant
CHARLES our King; Grant that his peo-
ple may obey him, and he may obey thee, and
live in honesty and peace, justice and holy
Religion; being a Nursing Father to the
Church, an Advocate for the oppressed, a
Patron for the Widdows, and a Sanctuary
for the miserable and Fatherless, that he may
Reign with thee for ever in the Kingdom of
the Lord Jesus Christ. Amen.

O Thou Fountain of all Goodness, be pleas-
ed to bless and protect our Gracious
Queen **CATHERINE**; **JAMES** Duke of
York, and all the Royal Family; endue them
with all Heavenly Graces answerable to their
Births; make them Instruments of thy Glory
here, and partakers of thy Glory hereafter.
Amen.

O God, who alone doest great wonders,
Be Gracious unto all those, who wait at
thine Altar; the Bishops, and all the
Clergy: Open thou their Lips, that their
Mouths may shew forth thy praise; Inspire
them with holiness, and diligence to preach

84 21 Proprietary Office.

and declare thy will by a good Life, and wise Discourses, that they may minister to the good of Souls, and find a glorious reward in the Day of the Lord Jesus. Amen.

O Merciful God; be merciful in succouring all that are in affliction; Deliver the out-cast and poor; help them to right that suffer wrong; let the sorrowful sighing of the Prisoners come before thee, and according to the greatness of thy power, preserve thou those that are appointed to dye; Be merciful unto all who are just now breathing out their last; grant ease to those that are in pain, supply to those that suffer want: and, to all wicked persons give thy grace, that they may speedily repent, and live well, and be saved through the merits of Jesus Christ. Amen.

H^eave mercy, and pour down thy blessings, O God, upon (my Father, Mother, and all other) my Relations, Friends, and Benefactors: * grant unto them whatsoever they desire who are so wise, or wisely and holily directed; Keep them for ever in thy fear and favour; and let their portion be in the Blessing, and in the Service, in the love, and in the Kingdom of God, for ever and ever. Amen.

Farewell, Communion. 85

O Lord, I beseech thee, forgive my Enemies all their sins against thee, and me: and, give me that measure of thy Grace, that for their hatred, I may love them; for their cursing, I may bless them; for their injuryes I may do them good; and for their persecution, I may pray for them. Lord, I pray for them; forgive them, for they know not what they do. Amen.

Finally, O Lord, I pray thee, for all those who shall this day be my Companions at the Altar; and for all others who do now Communicate in any part of Christendom; that through this blood of the Cross, we may all be cleansed from our sins, and be presented pure and unblameable, and unreprovable in thy sight; for the sake of Jesus Christ, whom I adore, whom I love, and desire I may still more and more love, and love for ever. Amen.

Our Father which art in Heaven, hallowed by thy Name; thy Kingdom come; thy will be done in Earth as it is in Heaven; give us this day our daily bread; and forgive us our Trespasses as we forgive them that trespass against us; and lead us not into Temptation, but deliver us from Evil. Amen.

86 **Preparatory Office**

The Lord bless and preserve me in my going out, and my coming in; from this time forth, and evermore. Amen.

Having thus finished your *Closet-Devotion*, you go forth to the Church or Chappel, Fastening that so a Portion from Gods Table may be the first Morsel; and remember to take something out of your *Store* to present at the *Offatory*.

When you enter into the Church, kneel and pray.

Our Father which art in Heaven, hallowed be thy Name; thy Kingdom come; thy Will be done; in Earth as it is in Heaven; give us this day our daily Bread; and forgive us our Trespasses; as we forgive them that trespass against us; and lead us not into Temptation; but deliver us from evil. For thine is the Kingdom, and the power, and the glory, for ever and ever. Amen.

Lord, I have loved the Habitation of thy House, and the place where thine honour dwelleth. I will wash my hands in Sincerity, O Lord, and so will I go to thine Altar.

Having seated your self, turn to the *Psalms* and *Lessons*, *Epistle* and *Gospel* for the day.

for the **Communion.** 87

or you may more freely attend the Priest in reading them.

When the Sermon ended, you go up to the Altar, and stand before it, say,

Thou art worthy O Lord, to receive glory and honour, & power; for thou hast created all things, and for thy wills sake they are, and were created.

Blessing, and glory, and wisdom, and thanks; and honour, and power be unto our God, and unto the Lamb for evermore. Amen.

Then whilst Others are coming up, and the Priest preparing to read the Sentences, pray,

A Lmighty Lord, who hast of thine infinite mercies vouchsaf'd to ordain this Sacrament for a perpetual memory of that blessed Sacrament, which once thou madest for us upon the Cross; grant me with such diligent remembrance, and such due reverence, to participate of this so holy and wonderful a mystery, that I may be made worthy by thy grace to obtain the virtue and fruits of the same, with all the benefits of thy precious death and passion, even the Remission of all my sins, and the fulness of all thy graces, which I beg for thy only merits, who art

83. An Importunate Office
unto my only Saviour, God from everlasting
and world without end, Amen.

O Lord, our Heavenly Father, Almighty
and everlasting God, regard, we be-
seech thee, the devotions of thy hum-
ble Servants, who do now celebrate the M-
emorial which thy Son and Saviour hath com-
manded to be made in remembrance of his most
Blessed Passion and Sacrifice; that by the me-
rits and power thereof, now represented be-
fore thy divine Majesty, we, and all thy whole
Church may be made partakers of all other
the benefits of his most precious Death and
Passion, together with his mighty Resurrec-
tion from the Earth, and glorious Ascension in-
to Heaven, who liveth and reigneth with thee,
and the holy Spirit, ever one God, world
without end. Amen.

B E pleased, O God, to accept this our
bounden duty and service; and com-
mand that the prayers and supplicati-
ons, together with the remembrance of Christ's
Passion, which we do now offer up unto thee,
may by the ministry of the holy Angels be
brought up into thy Heavenly Tabernacle;
and that thou not weighing our merits, but
looking upon the blessed Sacrifice of our Sa-
aviour.

our, which was once fully and perfectly
made for us all, may it pardon our offences,
and replenish us with thy grace and heavenly
merit, through Jesus Christ our Lord:
Amen.

Whilst upon your Knees you cast in your
Offering; stop, and say.

Blessed Jesu, who didst accept the poor
Widows two Mites; he pleased grac-
iously to accept this from thy unworthy
Servant. Amen.

The Prayers beginning again, you must
joyn with the Congregation; and heeding e-
very passage, let your heart go along with it;
keep your mind attentive, not only to the
words and substance of the prayers and ex-
hortations, but also to every passage, and par-
ticular Ceremony in the Consecration; for as
much as all of them have their meaning and
reason.

Observe the Priest then breaking the Bread;
and remember how Christs B. Body was pierc'd
with nails upon the Cross: Observe him
pouring out the Wine; and remember how his
precious Blood was spilt likewise; and then
consider they were your sins which caused
both, which should work in you a great tor-
ment for them, and then a great hatred, and a
firm resolution against them; and withdraw, in
the

90 THE PRACTICAL OFFICE

gave you to thankfulness and love, resolving
to express it by an Universal obedience in
Your Conversation. Again,

"Observe the People too, taking and eating
the Bread; taking and drinking the Wine; for
it signifies their particular laying hold on Christ
by Trust and Faith; their flying to, and ap-
prehending him, as the means of their Salva-
tion, and the pardon of their sins tender'd to
them in this B. Sacrament.

When the Priest repeateth that comfort-
able saying of St. Paul *This is a faithful saying*,
and worthy of all acceptation, that Christ Je-
sus came into the World to save Sinners; add to
your self with all possible devotion and humi-
lity, *of whom I am chief.*

And if you have time, while the Priest
and others are Communicating, use these or the
like heavenly Aspirations.

I Am now before the Altar of God, even the
God of my joy and gladness.

I will offer Thanksgiving unto my God, and
pay my Vows unto the most Highest.

O Lamb of God, that takest away the sin
of the World, Grant me thy Peace!

O Lamb of God, that takest away the sin
of the World, Have mercy upon me!

Grant me, Gracious Lord, so to eat the
Meat of thy Son, and to drink his Blood, that

Second. Communion. 90

my sinful Body may be made clean by his Body, and my Soul washed through his most precious Blood. Amen.

O Lord, I am not worthy, nor fit that thou should'st come under the filthy Roofe of the house of my Soul, because it is wholly desolate and ruinous; neither hast thou with me a fit place where to lay thy head: But as thou did'st vouchsafe to be laid in a Stable and Manger of unreasonable Beasts; as thou did'st not disdain to be entertain'd even in the house of SIMON the Leper; As thou did'st not reject the Harlot, a sinner like unto me, coming unto thee, and touching thee; As thou did'st not abhor her soul and profane mouth; Nor yet the Thief on the Cross confessing thee: Even so vouchsafe to admit me also, an over-wor'n, miserable, and out of measure sinful Creature, to the Receiving and Communion of the most pure, quick'ning, and Saving mysteries of thy most holy Body, and precious Blood. Amen.

O Lord God, how I receive the Body and Blood of my most blessed Saviour Jesus Christ, the price of my Redemption! O! the very wonder of my Soul! yet, my silent and constant belief upon the words of

92 *Supper and Office*

my Saviour. At this time they are graciously
send'red to me, and my Faib's Lord, make
me a worthy Receiver, and a Partakcr of all
the benefits of this B. Sacrament. Amen.

Immediately before receiving, say,

THou hast said, that he that eateth thy Flesh,
and drinketh thy Blood, hath Eternal
Life.

Behold the Servant of the Lord, be it unto
me according to thy Word!

With you eat it,

By thy Crucified Body deliver me from this
Body of Death.

After Receiving.

By thine Agony and Bloody sweat, by thy
Cross and Passion, good Lord deliver
me!

I have sworn, and am stedfastly purposed to
keep thy Righteous Judgments.

O hold thou my goings in thy Paths,
that my footsteps slip not.

At the Receiving of the Cup.

What reward shall I give unto the Lord for
all the benefits that he hath done unto me? I
will take the Cup of Salvation, and call upon
the name of the Lord.

After you have Received it.

O my God, thou art true and holy! O my
Soul, thou art blessed and happy!

Oh

folly 3). Commencement 68

Oh the depth of the Wisdom and Knowledge of God ! how incomprehensible are his judgments, and his ways past finding out !

Praise the Lord, O my soul, and all that is within me praise his Holy Name, who saveth thy Life from Destruction, and feedeth thee with the Bread of Heaven ! *Asa L. 101*

Glory be to God on high, and on Earth Peace, good Will towards Men : I worship thee, O Lord, and magnifie thy Name for ever, who hast vouchsafed to fill my Soul with gladness, and to feed me with the *Heavenly Mysteries* of Christ's sacred Body and Blood, humbly beseeching thee, that from thenceforth I may walk in good Works, and serve thee in Holiness and Purity of Living, to the Honour of thy Name. *Amen.* *Asa L. 101*

Most Blessed Redeemer, I do truly believe, that thy Body was Crucified, and thy Blood was shed out of thy Body, as verily as I have received this Bread, and this Wine set apart from the Bread, *I* *and* *that* for the Remission of my sins, as well as my *all* *others* : And I do also believe, that with this Bread and Wine, I have really and spiritually received thy precious Body and Blood, whereby my sins are fully washed away, and my Soul purified, and refresh'd : This, O

F Lord,

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O pen my eyes, I believe, help thou my Unbelief!
And let me see thy glory, as it is now! Go to
thee! Who giveth us a spirit of fear? and who
giveth others a Communicating; Aspirate,
desire, and say, I am ready.

Happy are those Servants, whom, when
their Lord cometh, he shall find them
doing. . . . and no body or sed yiclo

Q know ye not, that ye are the Temple of God,
and that the Spirit of God dwelleth in
you? If any one defile the Temple of God,
him will God destroy.

Behold, thou art made whole, sin no more,
lest a worse thing happen unto thee!
The hour cometh, and now it is, that the
true Worshippers shall worship the Fa-
ther in Spirit and in Truth.

Be we followers of God, as dear Children,
and walk in love as Christ loved us, and
gave himself an Offering and a Sacrifice of
a sweet savour unto God for us.

At the end of the Communion, say,
To the King Eternal, the Immortal, Invisible
and only Wise God, the ever blessed Tri-
nity, be all honour, and glory, now and for e-
vermore. Amen.

Going and making your Return towards
Oxford: I desire you keeping in the
post

for the 3^d. Communion. 63

the Altar, you depart with a glad heart, and a cheerful countenance; preserve good thoughts in your mind; yet be not *sullen or morose*; but *salute* any of your Christian Brethren, you meet with.

As soon as you come home, retire into your Closet, and bless God with these Collects of Thanksgiving.

A Lmighty God, the Fountain of all goodness, from whom every good and perfect gift proceedeth; and to whom all glory, and honour should be returned: I do desire most heartily to thank thee, for that thou hast vouchsafed to feed me, who have received these *holy mysteries* with the spiritual food of, the most precious Body and Blood of thy Son, our Saviour Jesus Christ; and do st assure me thereby of thy favour and goodness towards me, and that I am a *very member incorporate* in the *mystical body* of thy Son, which is the *blessed Company of all faithful People*; and am also an Heir through hope of thine everlasting Kingdom, by the merits of the most precious Death and Passion of thy dear Son. Oh the height and depth of that unspeakable mercy of thine, who art pleased to admit me a sinful wretch to have any part in those inestimable benefits, which I have so often despis'd and

64. A Preparatory Office

trampled under foot ! I am not worthy, O Lord, of that *daily Bread*, which sustains the body ; but thou hast made me partaker of that *living Bread which came down from Heaven*, which nourisheth the Soul, and, of which whosoever eateth, shall live for ever. O grant that my Soul may relish this divine food with spiritual ravishments, and love, great as the flame of *Cherubims* ; and grant that what thou hast given me for the *Remission of my sins*, may not by any fault become the increase of them ; that this *holy Communion* prove not unto me, unto Judgment and Condemnation, but may support and preserve me in every temptation, rejoice and quiet me in every trouble, enlighten and strengthen me in every good word and work ; comfort and defend me in the hour of my death against all oppositions of the Spirits of darkness, and further me in the attainment of everlasting Salvation, through Jesus Christ. Amen.

Most holy God, who art of purer eyes than to behold iniquity ; grant, I pray thee, that no unclean thing may be in me, who have now received Thee into my heart and soul ; but let this Blood of Christ, who through the *Eternal Spirit*, offered himself without spot to thee, purge my Con-

for the 3^d. Communion. 65

Conscience from dead works to serve thee
the living God ; give me grace, that from
henceforth I put off concerning my former
Conversation *the Old man*, which is corrupt,
according to the deceitful Lusts, and be re-
newed in the spirit of my mind : And that I
put on the *New Man*, which after thee is
created in Righteousness and true Holiness ;
to which purpose be pleased to watch over me
for good, to keep me both outwardly in my
Body, and inwardly in my Soul : O God,
thou seest that I have no power of my self to
help my self; thou knowest me also to be set
in the mid'st of so many and great dangers,
that by reason of the *frailty of my Nature*, I
cannot always stand upright; grant to me
such strength and protection, as may support
me in all dangers, and carry me through all
temptations, through Jesus Christ our Lord.
Amen!

O Thou, with whom is no variableness, nor
shadow of turning, let thy holy Spirit
direct me in all things, let thy grace al-
ways prevent and follow me, and preserve me
against all assaults of my spiritual enemys, e-
specially of my own *treacherous heart*, which is
deceitful above all things, wicked, *desperately*
wicked, O Lord, thou knowest it : how often

66 **Preparatory Office**

bath it betray'd me to the breach of thy holy Laws, to the violation of all these Vows and Promises which I have made to thee? How often have I turned my back in the day of battle? O let me no more thus start aside like a broken bow, but be stedfast, unmoveable, always abounding in the work of the Lord, resisting the Devil that he may flee from me, subduing my flesh, and bringing it into subjection, Crucifying and overcoming the World. And therefore let those solemn Vows, which I have now made to forsake my sins, never depart from my mind; but let the remembrance of them excite me to fight manfully under thy Banner, and continue thy faithful Servant and Souldier unto my Life's end. Amen.

O Lord, I do here humbly present unto thee my Son! and Body to be a living, holy, and reasonable Sacrifice unto thee; I beseech thee, sanctifie my Body, that from a polluted Dung-hill, it may become the Temple of God: Sanctifie my Soul, and receive it for thy dwelling place, the seat of thy Spirit, and an house of Prayer and Holy Meditations: Sanctifie me throughout, that both my Body and Soul, and Spirit, may be preserved blameless unto the coming of our Lord Jesus Christ.

for the 3d. Commandment. 67

Christ, to whom with thee, O Father, and the Holy Ghost, be all honour and glory, world without end. *Amen.*

Thus have you closed your *Communion Devotions*; It only remains, that you bestow the greatest part of the Afternoon in *Reading, Praying, Meditating, good Conferences, and the like*: and when your Condition calls you to your usual *Converses*, you are still to remember, you have a great business which lies upon your hands, which is the performance of those promises you have now made to God; to which purpose frequently recall them to mind, and let the remembrance of them be your refuge against all temptations to your old sins, whenever thy assault you; knowing, what a grievous thing it is to break that Vow which you have seal'd in your Saviour's Blood, and to have that Blood (through which only you can have pardon) to witness against you, which God fordid!

To your Evening Prayers, that Sunday night immediately before the Blessing, subjoyn this Collect.

O Blessed JESUS, who hast this day made me a Partaker of thy blessed Body & Blood; thy Mercy hath given it, and my Faith hath received it into my Soul: O let me ever feel

68 Preparation Office.

the happy virtue and effects of it : Put thy fear into my heart, to keep those Vows and Promises which I have on this solemnity tendered unto thee in my mind, that I may not sin against thee ; enrich me with all those graces which come from this precious Body and Blood, and hereafter bring me to thy everlasting glory, for thy merits and mercies sake. Amen.

Thus not to detain you longer, I have recommended to you the aforesaid Devotions to be us'd on the Friday in every month, which precedes a Communion, (especially the Fridays before the three solemn times which our Church hath Consecrated to this Blessed purpose, *Christmas*, *Easter*, and *Whit-Sunday*,) supposing, that your health and important occasions will permit it, otherwise you are not tyed to the strictness of them, though you are oblig'd to receive this Sacrament, whenever an opportunity offers it self.

To capacitate you for a worthy Communion thereof at all times ; - do lastly, and heartily advise you to maintain a constant course of daily Prayers at Morning and Evening throughout the year ; every Night recalling the Actions of the past-day, and repenting for the sins of it ; the practice whereof will fit you for

for the Communion at any time, when 'tis occa-
sionally tendered to you ; I mean, when you
are suddenly call'd to Communicate with a dy-
ing person ; or come accidentally into a Con-
gregation, where 'tis to be received, and all fit
Guests are invited to it ; in those cases, you
are by no means to turn your back upon it ; but,
bestowing that little time which is before you
in Recollecting, Repenting, Exerting your
Faith, Love, Thankfulness, &c. Omitting
nothing of the strictness which is required in
the Act of Receiving, and performing after-
wards to your power what you secretly pro-
mis'd ; receive it with the rest in the name of
God, beginning with the Prayers afore-menti-
oned, [page 68.] which are to be said whilst
the Priest is preparing to read the Sentences.

Almighty God, who hast of thine infinite
mercies vouchsaf'd, &c.

But this I advise, on supposal you carry a-
bout with you such an habitual preparation,
which is acquired by keeping a strict course of
daily private Devotions, otherwise you sin sad-
ly. However, be careful to Communicate,
whenever you are solemnly invited to it, i. e.
every month, or oftner, and with due remem-
brance.

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by me of him, whose death you do hereby shew
forth till he come.

God Almighty make you a worthy parti-
cipant of his Body and Blood here ; that
you may for ever enjoy Him hereafter.
Amen.

DEVOTIONS for the Morning, which begin
with prostration, and saying,

AT the Name of Jesus, God blessed for ever,
let every Knee bow, both of things
Heaven, things in Earth, and things under the
Earth; Glory be to Thee O Lord most High.

Then upon Your Knees, Say :

God be in my Head and in my Under-
standing, that I may know in this my
Day the things which do concern my
everlasting peace.

God be in my Eyes, and in my Seeing, that
they may always be looking up to thy Mer-
cy-Seat, and that they be not as so many Cas-
tresses to let in Vanity.

God be in my Mouth, and in my Speaking,
to guard and sence it from Idle Words, and
that it may at no time be a Door to let out
Folly.

God

for the 3d. Communion. 7^e

God be in my *Ears*, and in my *Hearing*,
that they may be always open to sound and
wholesom Counsels, and deaf to corrupt and
filthy Communications.

God be in my *Heart*, and in my *Thinking*,
to preserve it from being a sink of Uncleanness,
and that it may never be suffered either
to flatter me, or deceive others.

God be at my *End*, and at my *Departing*,
that so my *Death* may be *precious* in the sight
of the Lord, with whom I pray that I may
live for Evermore ; *Amen*. And so,

*Prevent me O Lord in all my Doings with
thy most Gracious Favour, and further me with
thy continual Help, that in all my works begun,
continued, and ended in Thee, I may glorifie thy
Holy Name, and finally by thy mercy may obtain
everlasting life, through Jesus Christ our Lord,*
Amen.

*O Ur Father which art in Heaven, Hallowed
be thy Name ; thy Kingdom come ; thy
Will be done in Earth as it is in Hea-
ven ; give us this day our daily Bread ; and for-
give us our Trespasses, as we forgive them that
Trespass against us ; and lead us not into temp-
tation, but deliver us from evil. Amen.*

My

72. **The Preparatory Office**

My Voyce shall Thou hear betimes , O Lord ; early in the Morning will I direct my Prayer unto Thee ; and I will look up.

O Lord, open thou my Lips ;

And my Mouth shall shew forth thy Praise.

O God make speed to save me ;

O Lord make hast to help me :

Glory to the Father, and to the Son, and to the Holy Ghost.

As it was in the Beginning, is now, and ever shall be, world without end. *Amen.*

Psal. xcvi.

O come let us sing unto the Lord ; let us heartily rejoice in the strength of our Salvation.

Let us come before his presence with Thanksgiving ; and shew our selves glad in him with *Psalms.*

For the Lord is a Great God, and a Great King, above all Gods.

In his hand are all the corners of the Earth, and the strength of the Hills is his also.

The Sea is his, and he made it ; and his hands prepared the dry Land.

O come, let us Worship and fall down, and kneel before the Lord our Maker.

For he is the Lord our God , and we are the people of his Pasture, and the Sheep of his hand.

To

for the 3^d. Commandment. 73

To day, if ye will hear his Voyce, harden not your hearts, as in the provocation, and as in the day of temptation in the Wilderness.

When your Fathers tempted me, proved me, and saw my works.

Fourty years long was I grieved with this Generation ; and said, It is a People that do err in their hearts, for they have not known my ways.

Unto whom, I swear in my Wrath, that they should not enter into my rest.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the Beginning, is now, and ever shall be, World without end. Amen.

After which, read One or more of David's Psalms in order ; Beginning with the First, and so onward, concluding each Psal. with

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the Beginning, is now, and ever shall be, World without end. Amen.

Then a Chapter out of the Proverbs of Solomon, or the New Testament : and after that,

We Praise thee O God, we acknowledge thee to be the Lord.

All the Earth doth worship Thee, the Father everlasting.

To

54 Preparatory Office

To Thee all Angels cry aloud, the Heavens,
and all the powers therein.

To Thee Cherubin and Seraphin continually
do cry,

Holy, Holy, Holy, Lord God of Sabbath.
Heaven and Earth are full of thy Majesty,
of thy Glory.

The glorious Company of the Apostles
praise Thee.

The goodly Fellowship of the Prophets
praise Thee.

The noble Army of Martyrs praise
Thee.

The Holy Church throughout all the world
doth acknowledge Thee.

The Father of an infinite Majesty.

Thine Honourable, True, and Only Son.

Also the Holy Ghost, the Comforter.

Thou art the King of Glory, O Christ!

Thou art the everlasting Son of the Father.

When thou tookest upon Thee to deliver
man. Thou didst not abhor the Virgins
Womb.

When thou hadst overcome the sharpness
of death, thou didst open the Kingdom of
Heaven to all Believers.

Thou sittest at the Right Hand of God, in
the Glory of the Father.

We

for the 3d. Communion. 75

We believe that thou shalt come to be our Judge.

We therefore pray thee, help thy Servants, whom thou hast Redeemed with thy precious Blood.

Make them to be numbered with thy Saints in glory everlasting.

O Lord, save thy People, and bless thine Heritage.

Govern them, and lift them up for ever.

Day by day we magnifie thee.

And we worship thy Name, ever World without end.

Vouchsafe, O Lord, to keep us this day without sin.

O Lord, have mercy upon us, have mercy upon us.

O Lord, let thy mercy lighten upon us, as our trust is in Thee.

O Lord, in thee have I trusted, let me never be confounded.

Amen the Creed.

I Believe in God, the Father Almighty, maker of Heaven and Earth, and in Jesus Christ his only Son our Lord, who was conceived by the Holy Ghost; Born of the Virgin Mary; suffered under Pontius Pilate; was Crucified, Dead, and Buried; he Descended into Hell; the third day he arose again from the Dead.

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Dead, he Ascended into Heaven, and sitteth
on the Right Hand of God the Father Almighty,
from whence he shall come to judge the quick and
the dead. I believe in the Holy Ghost, the Ho-
ly Catholick Church, the Communion of Saints,
the forgiveness of Sins, the Resurrection of the
Body, and the life Everlasting. Amen.

Our Father which art in Heaven, Hallow-
ed be thy Name; thy Kingdom come;
thy will be done in Earth, as it is in Hea-
ven; give us this day our daily bread; and for-
give us our Trespasses, as we forgive them that
Trespass against us; and lead us not into Temp-
tation, but deliver us from Evil. Amen.

Blessing, and Honour and Glory, and Pow-
er be unto him that sitteth upon the Throne,
and unto the Lamb, for ever and ever. Amen.

Glory be to God on high; on Earth
Peace; good Will amongst Men; I
Praise Thee; I Bless Thee; I Wor-
ship Thee; I Glorify Thee; I give thanks to
Thee for thy great Glory and Goodness, O
Lord God, Heavenly King, God the Father
Almighty: For thy Son Jesus Christ man-
ifested in the Flesh to destroy the works of
the Devil; and who is the fountain of all
those mercys both Spiritual and Temporal so
freely

freely: and plentifully bestowed on me thy
most unworthy Creature; particularly that
thou hast protected me this last Night from
all perils ghostly and bodily, and brought me
to see the light of another Day, whereas thou
mightest justly have suffered me to sleep in
death, by reason of those manifold and hai-
rous sins wherewith I have from time to time
offended thy Divine Majesty. I have sinned!
and what shall I say unto Thee, O thou P^ress
for ever of May? I have left undone those
things which I ought to have done; and I
have done those things which I ought not to
have done; and there is no health in me:
But thou, O Lord, have mercy upon me a
most miserable offender! O! Thou, who de-
ferrest not the Death of a sinner, but rather that
he should turn from his wickedness and Live
Have mercy upon me! Spare me and Restore
me, who do here in all humilitie confess my
faults, and do desire to be Penitent for them.
Have regard to thy *██████████* *██████████* *██████████*
*Advocate with Thee, O Father, and the
pitiation for all our sins;* for whose sake merci-
fully guide unto me true Repentance, and
the affiance of thy *██████████*, which may
reach and stelle me to please Thee hereafter
in all good things, *████* deny vngodliness and
worldly lusts, and to live Godly righteouslie.

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and soberly in this present World, that so at last I may come to thine Eternal joy, through the same Jesus Christ our Lord, Amen.

A Almighty God our Heavenly Father, who of thy great mercy hast promised Forgiveness of sins to all them that with hearty Repentance and true Faith turn unto Thee; Have mercy upon me; Pardon and Deliver me from all my sins; Confirm and Strengthen me in all Goodness, and bring me unto everlasting Life, through Jesus Christ our Lord.

O Lord, our Heavenly Father, Almighty God and everlasting God, who hast safely brought me to the beginning of this Day; Preserve me in the same, and all other Days of my Life from all sin and Danger; and by thy Gracious Governance, dispose all my Thoughts, Words and Actions this Day to thy Glory, through Jesus Christ our Lord.

Most Gracious God, I humbly beseech thee, as for this Kingdom in General, so especially for Him, who is the Supreme Goverour therof: O Lord, Grant the King a long Life, that his Reigns may endure, as

for the P. Communion. 95

of Ages ; furnish him with safe and wise
Counsels, and give him an heart of courage
and constancy to pursue them ; Oh ! Pre-
pare thy Loving Mercy and Faithfulness for
him, that they may preserve him ; Let thy
Name O God of Jacob, defend him ; send him
help from thy Sanctuary, and strengthen him
out of Sion ; And let us his Servants under
Thee, see with joy that Thou wilt hear him
from thy holy Heaven, even with the whol-
some strength of thy Right Hand ; so will we
always sing Praises unto thy Name through
Jesus Christ our Lord, Amen,

Bless, O Lord, the *Queens Majesty*, the
Duke of York; and all the Royal Fam-
ily ; Prosper them with all Happiness, and
make them all Instrumental to the furthe-
rance of thy Glory in this World, and bring
them to thine Everlasting Kingdom in the
World to come, through Jesus Christ our
Lord, Amen.

Give Grace, O Heavenly Father to all
Bishops & Curates, especially to *Him*
whom by thy good Providence thou
haſt appointed my *Spiritual Pastor and Guide* ;
Grant that I may reverence his Person, and
have regard to his good and wholesome
Coun-

96 **Preparatory Office.**

Counsels; so that by him I may be conducted, and together with him enter into thine Eternal joy, through Jesus Christ, Amen.

O God the Creator and Preserver of all mankind, I beseech thee for all sorts and conditions of Men, and especially for thy Holy Catholick Church, that one Faith may be Uniformly professed as thy Church is and can be but One; purge it from all Atheism, Heresy, and Schism; and grant that all they who do profess thy holy Name may agree in the truth of thy holy Word, and hold the Faith in unity of Spirit, in the bond of Peace, and in Righteousness of life, through him who is the only Head over all things to his Church, Jesus Christ our Lord, Amen.

O God of Mercys, and Father of Comforts, have Mercy, and comfort all those who are any ways afflicted or distressed in Mind, Body or Estate; Relieve them according to their several necessities, give them Patience under their sufferings, and an happy issue out of all their afflictions, for Jesus Christ his sake, Amen.

Grad.

for the H. Communion. 97

Gracious Lord, bless all those who are near or dear unto me, and make them near and dear to thine own self: All my Kindred, * other my Friends, Acquaintances and Benefactors particularly, * Forgive me and them all our sins, and continue us thy servants in life and death, Amen.

* Here insert your nearest Relations.

* Here particularize whom you think fit.

I He Lord fulfill the desires and Petitions of thy Servant, as may be most expedient for me: The Lord bless me, and keep me: The Lord lift up the light of his Countenance upon me, and give me Peace both now and ever-more. Amen.

When you Awake, Pray;

I ghter mine eyes, O Lord, that I sleep not in Death. [Then meditate upon, and acknowledge Gods goodness for Preserving you the last Night, who might, and deservedly too, have Suffred Death to Seize on you whilst Sleeping, and hurryed you hence to render an account of what you have done in the flesh: the result of which, will be to Think, how (on the Supposal of this Dreadful Surprise) you were Prepared; and to

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conclude, [Happy is that Servant, whom his Lord, when he cometh shall find Doing his Will! Amen.] Be it so thy Servant according to thy Word.

And then humbly commanding your self to God, Say,

I *Into thy hands, O Lord, I commend this day my Soul and my Body ; beseeching Thee to be ever with me, to direct, sanctifie, and govern me in the ways of thy Laws, and in the works of thy Commandments ; that through thy mighty protection both here and ever, I may be preserved both in Body and Soul, to serve Thee the only true God, through Jesus Christ our Lord, Amen.*

After which, Presently Arise : and at yo-r Lip-rising ; Say,

I *N the Name of God ; the Father, the Son, and the Holy Ghost ; Amen. Blessed be God, the Holy and undivided Trinity, now and for ever, Amen.*

I *Arise from my Bed to glorifie Him ; He, of his infinite mercy, bless and keep me this Day, and for evermore ; Amen.*

I *Laid me down, and slept, and rose up again, for the Lord hath Sustained me.*

for the 3^d. Communion. 99

At your Apparelling ; Say,

CLoath me, O Lord, with the Ornaments
of thy Heavenly grace ; and Cover me
with the Robes of Righteousness. Put
ye on the Lord Jesus Christ ; and make no
provision for the flesh, to fulfill the Lusts
thereof. Rom. xiii. 14.

At the Washing of your hands, say,

Wash me clean, O Lord, from my wick-
edness ; and Cleanse me from my
sins, Amen.

PRAYERS for the Evening.

O Lord, I do again humbly present my self
before Thee ; let my Prayers be set
forth in thy sight as the Incense, & the
lifting up of my hands be an Evening-Sacrifice,
even for Jesus Christ his sake, Amen.

Our Father which art in Heaven, hallowed
be thy Name ; thy Kingdom come ; thy Will be
done in Earth as it is in Heaven ; give us this
day our daily Bread ; and forgive us our Tres-
passes as we forgive them that Trespass against
us ; and lead us not into Temptation ; but deliver

A Preparatory Office.

us from evil. For thine is the Kingdom, and the power, and the glory, for ever and ever. Amen.

Then Read a Psalm ; which conclude with,
Glory be to the Father, &c.

After it, a Chapter out of the New-Testa-
ment, at the end of which, say,

*Lord, now lettest thou thy Servant depart
in peace, according to thy Word ;*

*For mine eyes have seen thy Salvation,
Which thou hast prepared before the face of
all people.*

*To be a light to lighten the Gentiles, and
to be the glory of thy people Israel.*

*Glory be to the Father, and to the Son, and
to the Holy Ghost ;*

*As it was in the Beginning, is now, and ever
shall be, World without end. Amen.*

After which, devoutly repeat your Creed.

I Believe in God, the Father Almighty, Ma-
ker of Heaven and Earth ; and in Jesus
Christ his only Son our Lord ; who was con-
ceived by the Holy Ghost ; born of the Virgin
Mary ; suffered under Pontius Pilate ; was
Crucified, Dead, and Buried ; he Descended
into Hell ; the third day he arose again from the
Dead ; he Ascended into Heaven, and sitteth
on the Right Hand of God the Father Almighty,
from whence he shall come to judge the quick and
the

for the 3d. Communion. 101

I believe in the Holy Ghost: the Ho-
Catholick Church, the Communion of Saints,
the Forgiveness of Sins, the Resurrection of the
body, and the Life Everlasting. Amen.

The Lord be with me ! Amen.

Our Father which art in Heaven, hallowed be
thy Name ; thy Kingdom come ; thy will be
done in Earth as it is in Heaven ; give us this
day our daily bread ; and forgive us our Tres-
passes as we forgive them that trespass against
us ; and lead us not into Temptation, but deli-
ver us from Evil. Amen.

A Lmighty and most merciful Father; but a
most severe and just Judge, to all Obsti-
nate and Impenitent Sinners ; I acknowledg
and bewail my manifold Sins and Wicked-
ness, which I from time to time, most grie-
vously have committed, in Thought, Word,
and Deed, against thy Divine Majesty : I have
sinned ! And what shall I do unto Thee, O
Thou Preserver of Man ? I have left undone
those things which I ought to have done; and
I have done those things which I ought not to
have done, and there is no Health in me ! But,
Thou, O Lord, Have Mercy upon me, a most
miserable Offender ! Oh ! Thou, who desirest
not the Death of a Sinner, but, rather that he
should

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should turn from his Wickedness and live
Have mercy upon me ; spare and restore me
who desire in all humility to confess my
faults, and to be Penitent for them : Have
regard to thy Son *Jesus Christ*, who is our
Advocate with Thee, and the *Propriation* for
all our Sins ; for whose sake, grant me true
Repentance, and the Assistance of thy *Holy*
Spirit, to please Thee hereafter in all things,
to teach and enable me to deny all Ungodli-
ness and Worldly Lusts, and to live Soberly,
Godly, and Righteously in this present Evil
World, that so at last, I may come to thine
Eternal Joy, through Jesus Christ our Lord.
Amen.

A Lmighty God our Heavenly Father,
who of thy great Mercy, hast promis-
ed *Forgiveness of Sins* to all them that
with hearty Repentance, and true Faith turn
unto Thee, Have Mercy upon me ; Pardon
and deliver me from all my Sins ; confirm
and strengthen me in all Goodness ; And bring
me to Everlasting Life, through Jesus Christ
our Lord. *Amen.*

A Lmighty and Ever-living God, who hast
commanded me to Pray for *all Men*; I
humbly beseech Thee, most mercifully to re-
ceive

ceive these my Prayers which I offer unto thy Divine Majesty ; beseeching Thee to inspire continually the Universal Church, and specially that part of it in these Kingdoms, with the Spirit of Truth, Unity, and Concord : Bless him who is Supreme Governour over it, our most Gracious Sovereign Lord, K. CHARLES; Treasure up in Him all thy hidden blessings, make and keep him a devoted Servant unto Thee, a constant Patron of thy Church and Truth ; that he may live long, and be full of Honourable Success all his days, in his Person, in his Actions, in his Queen, in the whole Royal Family, in his Servants, in his People ; and crowned with glory after Life : Under him, bless the whole State Ecclesiastical and Civil ; that Righteousness and Peace may kiss each other, and we may serve and honour Thee for ever. *Amen.*

O Lord, Bless all the Afflicted Members of the Body of thy Son, wheresoever, howsoever distressed : Send them constant Patience, and speedy Deliverance, as seems best to Thee, and is best for them : And do unto them according to all those Mercies, which I would, or should desire, thou shouldest shew to my own Soul, if at any time Thou shalt be pleased to make my Estate as theirs is at this

pre-

104. A Preparatory Office

present; And then, O Lord, be merciful!
Amen.

Gracious God, Bless all the Places to which
Thou hast made me have any near Re-
sidence, every Soul contained in them:
All my Friends, Kindred, and Acquaintance;
any to whom Thou hast made me any way
beholden, especially my Father, Mother, &c.
Lord, I beseech Thee, forgive me and them
all our sins, and continue us thy Servants, both
in Life and Death: Making us doubly
dear unto each other, both in the Flesh, and
in the ~~ord~~. *Amen.*

ALMIGHTY God, Father of all Mercies, I
thy unworthy Servant, do give Thee
most humble and hearty thanks for all thy
Goodness, and loving kindness bestowed on
me: Above all, for the *Redemption* of the
World by our *LORD JESUS CHRIST*;
in Him, for the means of grace, and for the
Hope of glory: For all the blessings of this
Life; for thy creating, and for thy protection
of me all my days; and particularly, that *this*

[*or, prospered
me in my Af-
fairs.*] *day past* thou hast preserved
me in my Health, and assisted
me in my Devotion *. Give
me I beseech Thee, a due
Sense of these thy Mercies; and Grace an-

Pow-

for the 3d. Communion. 305

Power to express it by an Obedience to all thy Commandments. Go on to preserve, and take me into thy Protection this Night; Lighten my Darkness, O Lord, and by thy great Mercy defend me from all perils and dangers of this Night, for the Love of thy only Son Jesus Christ our Lord. Amen.

JHe Lord fulfill all the desires and petitions of thy Servant, as may be most expedient for me! The Lord bless me, and keep me! the Lord lift up the Light of his Countenance upon me, and give me Peace, both now and for evermore. Amen.

AS you Undress your self, consider that the Time is coming, when your Body must return naked unto the Dust; and both Soul and Body appear at God's Tribunal, to give an account of all Actions done in the Flesh. In the mean time, you must endeavour to cleanse it by Repentance, that God, who is of whose pure Eyes then to behold Iniquity, may have hold and accept it.

As you enter into your Bed, Say,

IN the Name of our Lord Jesus Christ, who was Crucified upon his Cross, and laid into his Grave for me, I lay me down to rest. He bless

106 for the H. Communion.

bless me ! and keep me ! He save me ! and
Raise me up again ! and bring me at last unto
Life Eternal ! Amen.

As you bereave your self so sleep, Say,

I Will lay me down in Peace, and take my
rest ; for it is Thou, Lord, only that mak-
est me dwell in safety. Amen.

*Have mercy upon me, O Lord, Now, and
at the hour of Death, Amen.*

Preserve me while I am making ; defend
me while I am sleeping ; that my Soul may
continually Watch for Thee, and both body
and soul may rest in thy Peace for ever. A-
men.

*Should you in the Night-time lye
Awake, Say,*

O Lord, Thou hast proved and visited my
Heart in the Night-Season, thou hast
tried me : O Blessed Father, purge
me, that thou mayest find no wickedness in
me, through Jesus Christ our Lord. Amen.

Lord, give me grace to make hast, and not
to prolong the time to keep thy Com-
mandments ; that I may call my own ways
to Remembrance, and turn my feet to thy
Teſt

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Testimonies: And then, at Mid-night will I give Thee thanks, because of thy Righteous Judgments, O Lord, my Strength and my Redeemer. *Amen.*

In case you are not presently disposed to sleep, devoutly repeat the Lj. Psalm, which to that purpose, you must be careful to get by heart:

Have Mercy upon me, O God, &c.
Glory be to the Father, &c.

108 APPROPRIATE OFFICE

Shorter Prayers for Servants or any others who may be en- gag'd in necessary Affairs.

For the Morning.

PRaised be the Lord from the rising up
of the Sun, unto the going down of
the same.

Thou art my God, and I will thank
Thee : Thou art my God, and I will praise
thee ; who hast lightned mine eyes, that I
sleep not in death ; hath delivered me from
the Terrors of the Night, and from the Evil
that walketh in Darkness ; who reneweth his
mercies to me every Morning, and hath given
me one day more to serve Him, and call upon
his Name. I laid me down and slept, and
rose up again ; for thou Lord only makest me
to dwell in safety ; to thee therefore Father,
Son,

for the S^t. Communion. 1C9

Son, and Holy Ghost, the Blessed, Glorious, and undivided Trinity, be Honour and Glory, this day, and for evermore. *Amen.*

I will arise, and go to my Father, and will say unto him,

Father I have sinned against Heaven, and before thee, & am no more worthy to be called thy Son ; But turn thee unto me, and have mercy upon me ; Remember not mine Iniquities, nor the Iniquities of my Fore-fathers ; neither take thou Vengeance of my sins : Have regard to thy Son Jesus Christ, who had no regard to his own life, but laid it down on the Cross for me, and in him, and for his sake be reconciled to me. *Amen.*

Enter not into Judgment with thy Servant, O Lord ; for if thou should' st be *extream*, so mark what I have done amiss, what would become of me ? for of so many millions of sins that I have committed, I cannot answer Thee one of a thousand, But, O thou who hast revealed it to me, as a *faithful saying*, that JESUS CHRIST came into the World to save Sinners, save me, Oh, save me, who am the chiefest of them ; wash away all my sins in his blood, bury them in his grave, that they may never rise up in this World to shame me, or in the World to come to condemn me. *Amen.*

M

Thou

No. 26 Preparatory Office

Thou hast been my succour, leave me not, neither forsake me, O God of my Salvation; but go on to Create in me a clean heart, a new and contrite heart, and to renew a right spirit within me. Give me thy holy Spirit to think, and do always such things as be righteous, that I who cannot do any thing that is good without Thee, may by Thee be enabled to live according to thy will, through JESUS CHRIST, our Lord. Amen.

O God the Creator and Preserver of all Man-kind; I humbly beseech Thee for all ~~sorts~~ and ~~conditions~~ of men; specially for thy Holy Catholick Church; for that part of it in these Kingdoms; for him, who is the Supreme Governour thereof, our dread Sovereign, Lord King CHARLES; for our gracious Queen KATHERINE, JAMES Duke of YORK, and all the Royal Family; for the whole State Ecclesiastical and Civil; for all those who are any way afflicted, or distressed in mind, body, or Estate; for all my Relations, Friends, and Benefactors particularly, &c. Endow them all with Heavenly gifts answerable to their respective Places and Callings; guide them with thy Counsel here, and hereafter bring them unto glory, through JESUS CHRIST our Lord. Amen.

for the H. Communion. 111

Descnd me, O God, under thy Wings,
and keep me safe *this day* under thy Feathers.
Give thine Angels charge over me, to keep
me in all my ways. Set a watch *this day* be-
fore my mouth, and keep the door of my lips.
Turn away mine eyes that they behold no
Vanity; and let not mine heart be inclined
to any evil thing. Order my steps in thy
Word, that no wickedness may have domini-
on over me. Prosper Thou the works of my
hands unto me; O prosper thou my handy
work; and let thy merciful kindness be this
day upon me, like as I do put my trust in
Thee, through the merits of thine only Son,
Jesus Christ our Lord. Amen.

Our Father which art, &c.

For thine is the Kingdom, &c.

The Blessing of God Almighty, Father, Son,
and Holy Ghost, be with me, and all related
to me, this day and for evermore. Amen.

A short Prayer for the Evening.

O Praise the Lord all ye his Servants, ye
that by night stand in the House of the
Lord. With these, O Lord, do I now lift up
my hands to thy Sanctuary, and will praise
thy Name for all thy mercys *Spiritual and Tem-
poral*, bestowed on me in JESUS CHRIST,

H. 2

for

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for this days life and protection, for withholding those several judgments which my sins deserve, for loading me with a multitude of Blessings, which by reason of my manifold sins I have not deserved. Forgive, O Lord, forgive them all, and increase thy grace upon me evermore; let them not hinder thy graces hereafter from descending down upon me, nor my Prayers at this, or any other time, from ascending up unto thee, as an acceptable Sacrifice, through JESUS CHRIST our Lord. Amen.

Have mercy upon me, O God, after thy great goodness, and according to the multitude of thy mercys do away mine offences. Wash me throughly from my wickedness, and cleanse me from my sin. For I acknowledge my faults, and my sin is ever before me. O Thou who hast sent thy Son into the world not to call the *Righteous* but *Sinners* to Repentance; have mercy upon me, and grant me true Repentance unto life, never to be Repented of, and which may bring me to thine eternal joy, through JESUS CHRIST our Lord. Amen.

Keep me, O Lord, thy poor humble Servant, with thy perpetual mercy: And because the frailty of man without Thee cannot but fall, preserve me ever by thy help from all things

for the 3. Communion. 113

things hurtful, and lead me to all things profitable to my Salvation, through JESUS CHRIST our Lord. *Amen.*

O God, who wouldest have all to be saved, and come to the knowledge of the truth, have mercy upon all men. Bless every member of thy universal Church, especially that part of it in this Land of my Nativity, and herein in the Kings Majesty, the Queen, the Duke of York, and the whole Royal Family; all that are in Authority under him, all the Ministers of thy holy Word and Sacraments, particularly him to whose oversight thou hast committed me. Give, I pray thee, unto them all according to thy good pleasure, the blessings both of this life, and that which is to come. Forget not peculiarly to shew mercy to the Relations, Friends, Helpers, and Well-wishers of thy Servant. Let thine eye of mercy be ever open upon all thy wanting and suffering Servants; support them under, and graciously deliver them out of all their distresses, even for JESUS CHRIST his sake. *Amen.*

Thy Servant will speak yet once more, and beseech Thee, O Lord, who hast made the Night for man to rest in, as well as the Day to labour; that *this Night* I may so take my bodily rest, that my Soul may continually

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watch for my deliverance out of this mortal life; and that my sleep be not excessive, according to the insatiable desires of the flesh, but sufficient to relieve and maintain Nature. Let me remember thy Name *in the Night season*, and commune with mine own heart, and search out my Spirits, and compose them in Thee, that I may rise to serve thee in all sober and godly conversation, through the aid and assistance of JESUS CHRIST, my only Lord and Saviour, *Amen.*

Our Father which art , &c.

For thine is the Kingdom, &c.

The Blessing of God Almighty , Father, Son, and Holy Ghost be with me, and rest upon me, and all Related to me, this Night, and for evermore. *Amen.*

Brief

for the 3^d. Committee. 115

Brief Heads of Self-examination, by way of Articles upon the Ten Commandments, to be en- quired into by every Christian, espe- cially on the Friday, or day immediatly preceding the Holy Sacrament.

Enter into, and commune with thine own self, *O my soul!* Judge thy self, that thou be not judged; Condemn thy self, that thou be not condemned with the world; Answer for thy self, before God, and in the presence of his holy Angels, *Guilty or not Guilty of Transgressing*

The first Commandment in all, or any of these instances?

1. **H**ast thou at any time *doubted* whether there be a God, or of his *Providence* or his *Power*, of his *Mercy* or *Justice*, or any other of his *Attributes*? 2. Hast

The Preparatory Office.

2. Hast thou neglected to *know* God, or to *glorifie* him as God ; or to *Love, Fear, Believe in*, or to *give Thanks* unto him accordingly ?
3. Hast thou *feared* men above him , by committing sin to shun some outward disgraces or sufferings from them ?
4. Hast thou set up in thy thoughts any thing in *Competition* with God , as *Pride*, or some other *darling Lust*, or *Interest* ?
5. Hast thou in thy prosperous condition been *puff'd up* and *forgotten* God ; and in dangers and distresses *not trusted in* him, but in some other worldly helps, or unlawful means to bring thy self out of them ?
6. Hast thou *heeded* too much superstitious Observations , or Dreams , or Fortune-tellers , or vain Predictions of men , so as to *give Credit* to them, or Lotts, so as to attempt the knowledge of some secret thing by them ?

Guilty

For the 3d. Commandment.

*Guilty or not Guilty of Transgressing the
Second Commandment, in all or any
of these Instances?*

1. **H**aft thou fram'd in thy mind any bodily shape or form of God, or Worship'd him by an *Image*, or given that honour to Saint or Angel which is due only to himself?
2. Haft thou behav'd thy self *Irreverently* in any of thy addresses to him, not *Kneed* or *Religiously bowed* thy self before him?
3. Haft thou at any time *wilfully omitted* Prayers publick or private, and been glad of a pretense to do so?
4. Haft thou *Contented* thy self with coldness and deadness, or wandring thoughts in thy Prayers; or drawn near unto God with thy lips, when thy heart hath been far from him?
5. Haft thou been more careful of the outward ceremonial part of thy *Worship*, than of the inward and spiritual?

Guilty

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**Guilty or not Guilty of Transgressing the
third Commandment in all, or any
of these Instances?**

1. **H**ast thou in thine *Ordinary Conversation* us'd any rash Oath, or eager Execrations?
2. **H**ast thou *Perjur'd thy self*, or *Sworn* any thing false, knowing it to be so?
3. **H**ast thou *design'd to abuse thy Neighbour* by failing in any engagements which hath been in thy power to perform?
4. **H**ast thou *seriously considered* and *bewailed thy frequent and dangerous violations* of that *great and solemn vow* which thou madest to God in thy *Baptism*? as also the breach of any other *Religious and Deliberate Vows* and *Promises* made in times of Adversity, or any other unto him?
5. **H**ast thou *unduly regarded*, or *irreverently treated* any of those persons or things whereon the Name of God is called, as his Priests, Word, Sanctuary, &c.

6. **H**ast

for the 4. Commandment. 119.

6. Hast thou by a vile and wicked life
given occasion unto others to Blas-
phem the Holy Name of God?

*Guilty or not Guilty of Transgressing the
Fourth Commandment, in all, or any
of these Instances?*

1. Hast thou Profaned the Lords day, or
any other Feasts or Fasts of the
Church by *intending* too much on
them thine own business, and not *de-
voting* them chiefly to holy Exercises,
wherunto they were assigned?
2. Hast thou been satisfied *in them* with
the bare use of means, without any
regard to practice?
3. Hast thou neglected to show forth *in
them* thy Charity to those who stand
in need of it?
4. Hast thou, *in them*, neglected Prayer, or
Reading the holy Scriptures, or re-
ceiving the Communion?
5. Hast thou Profaned the *Lords Supper* ;
either, first , by coming to it *igno-
rantly* , or *without Examination* , or
without Contrition and *purposes of new
life* : Or secondly, By behaving thy self
irreverently at it , without *devotion*
and

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and spiritual affection: Or thirdly, by neglecting to keep the Promises made at it?

6. Hast thou been careless of assigning some set and solemn times to humble thy self for thy sins, or of calling thy self to a daily account for them, or of acting revenge upon thy self by Fasting, and other acts of Mortification?

Guilty or not Guilty of Transgressing the Fifth Commandment in all, or any of these Instances?

1. Hast thou refused Obedience to the lawful Commands of the King, or any in Authority under him; or sown Sedition among his people?
2. Hast thou grudged his just Tributes, or judged and spoken evil of him?
3. Hast thou griev'd or despis'd thy spiritual Fathers, such as labour for thy soul?
4. Hast thou sought to withhold from them their just maintenance.
5. Hast thou forsaken thy lawful Minister to follow factious Teachers and Conventicles?

6. Hath

for the 3^d. Communion. 121

6. Hast thy behaviour been *stubborn and irreverent* unto, and hast thou *despis'd* thy natural Parents; either first, by publishing their InfirmitieS; or secondly, By *Contemning* their Counsels; or thirdly, By *Murmuring* at their Government?

7. Hast thou *neglected*, on any occasion to *assist* them to thy power, or to offer up *daily Prayers* to God for them?

Art thou a Parent, and

8. Hast thou been careless of Instructing thy Children betimes in the ways of God; but for want of *timely Correction*, suffered them to run into *Customs of sin*; or encourag'd them thereto by thine own *evil example*?

9. Hast thou discourag'd them by *harsh and cruel usage*, and not provided for their subsistence according to thine ability?

Art thou a Brother or Sister, and

10. Dost thou want affection towards thy Brethren or Sisters, but sometimes harbourest *Ehuyings and Heart-burnings* in thy heart towards them?

Art thou an Husband, and

11. Hath thy behaviour been *unkind, forward,*

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ward, and unquiet towards thy Wife,
not bearing with her *Infirmities*?

12. Hast thou neglected to pray for her, and
not endeavoured to advance her good,
spiritual as temporal?

Art thou a Wife, and

13. Hast thou striven for Rule and Dom-
inion over thy Husband, and resented
his *lawful Commands*, and not prayed
for him?

Art thou a Master, and

14. Hast thou used thy Servants cruelly and
tyrannically?

15. Hast thou been careless of their Souls;
either first, By not providing them
means of instruction; or secondly, Not
admonishing them when they commit
sin; or thirdly, Not allowing them
time for *Prayer*, and the *Worship* of
God?

Art thou a Servant, and

16. Hast thou disobeyed the *lawful Com-
mands* of thy Master?

17. Hast thou murmured at his *Rebukes*?

18. Hast thou purloyned his goods, or care-
lessly wasted them?

Guilty or not Guilty of Trangressing the
Sixth Commandment in all, or any
of these Instances?

1. Hast thou hastned thine end by wilful intemperance and disorderly living?
2. Dost thou want bowels of mercy and compassion to thy poor Neighbours, and not Minister unto their Necessities?
3. Art thou guilty of Murder, secret, or open?
4. Hast thou wished in thy heart the death of any of thy Neighbours or Relations?
5. Hast thou maligned, and been unmercifully or sinfully angry with thy Neighbour? hast thou born any Hatred, or Malice, or Revenge in thy heart towards him?
6. Hast thou not rejoiced in his good success, but envied his well-fare?
7. Hast thou drawn any to Drunkenness, or other Vices which may bring Diseases or Death?
8. Hast thou maim'd or buried the body of thy Neighbour?
9. Hast

9. Hast thou stirred men up to fighting or quarrelling ?
10. Hast thou rashly wished thine own death ?

**Guilty or not Guilty of Transgressing the
Seventh Commandment in all, or any
of these Instances.**

1. **H**ast thou *actually defiled thy Neighbours Wife, or thy body by Adultery, Fornication, Lasciviousness, Uncleanliness, either of hand or eye?*
2. **H**ast thou *deliberately pleased thy self with, and consented unto any soul lascivious thoughts, impure fancies and desires?*
3. **H**ast thou *delighted thy self in wanton Company, in unchaste songs, or filthy obscene talking?*
4. **H**ast thou not *laboured to subdue thy body by fasting, or other severities, but rather pamper'd it to heighten thy Lust?*
5. **H**ast thou *patch'd or painted thy face, or otherwise adorn'd thy body with a design of rendering others Lustful or Carnally desirous of thee?*

6. **H**ast

6. Hast thou been proud of thy Apparel, or bestowed too much time, care, or cost about it?

Guilty or not Guilty of Transgressing the Eighth Commandment, in all, or any of these instances.

1. Hast thou been content with that state, whatever it be, wherein thou art?
2. Hast thou been Idle or Negligent in that condition of life whercunto thou art called?
3. Hast thou been too vehement upon, or spent too much time at lawful Recreations; or been at any time drawn by them to Anger or Covetousness?
4. Hast thou not been so exact in Paying and dealing with those thou hast trad-ed with, as thou wert able, and in justice wert bound?
5. Hast thou in buying and selling used arts of deceit, or exacted on the necessities of thy Neighbour?
6. Hast thou by Violence or colour of Law or Conscience, or any other undue means, taken from thy Neighbour what belong'd not to thee?

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7. Hast thou kept back the Wages of the Servant and Hireling ?

Guilty or not Guilty of Transgressing the Ninth Commandment in all, or any of these Instances ?

1. Hast thou been forward to believe ill reports of thy Neighbours ?

2. Hast thou causelass suspected, or rashly judged of him ?

3. Hast thou invented, or said anything false that hath been injurious to his good Name and Reputation ?

4. Hast thou falsly denyed the truth, or refus'd at any time to bear witness unto it, either out of fear, or flattery ?

5. Hast thou willingly given ear to Slanders, Busie-bodys, and such as go about with lyes ?

6. Hast thou pleas'd thy self in rausing and whispering vain and fruitless lyes ?

7. Hast thou railed at thy Neighbour for any injuryes done to thee ?

8. Hast thou despis'd or scoff'd and persided him for his Infirmitie's ?

9. Hast thou disSEMBLED, or dealt ~~down~~ with him ?

6. Hast

10. Hast thou been desirous to seem, and to be reputed greater or better than than thou art?

Guilty or not Guilty of Transgressing the Tenth Commandment in all, or any of these Instances?

1. Hast thou at any time *inordinately* lusted after what belongs to others?
2. Hast thou entertained *secret Covetings* in thy thoughts, with any delight or complacency in them?
3. Hast thou harbor'd a thought or desire to hurt, or *any way* prejudice thy Neighbour?

Lord have Mercy upon us, and incline our hearts to keep his Laws.

COL:

COL

Grant us, we beseeche thee, O Lord, to have a perfect knowledge of thy Word, and to understand it; that we may always walk in thy commandments, and do thy will.

COLLECTS for particular Graces.

For Faith.

A
Lmighty God, whom without *Faith*, it is impossible to please; grant me I beseech thee, so perfectly to believe in thy Son Jesus Christ, that my *Faith* in thy sight may never be reproved; and being called to the knowledge of thy Grace, and *Faith* in thee, and admitted into the fellowship of Christ's Religion, I may eschew those things which are contrary to my Profession, and follow all such things as are agreeable to the same, through Jesus Christ our Lord. *Amen.*

For

The Expository Office

For Hope.

Blessed Lord, who hast caused all *Holy Scriptures* to be written for our learning; grant that I may in such wise hear them, read, mark, learn, and inwardly digest them, that by *Patience* and *Comfort* of thy *Holy Word*, I may embrace, and ever hold fast the *blessed hope* of everlasting life, which thou hast given us in our Saviour *Jesus Christ*; and that I may therefore purifie my self, even as he is pure, that when he shall appear again with power and great glory, I may be made like him in his *Eternal and glorious Kingdom*, where with thee, O Father, and thee, O *Holy Ghost*, he liveth and reigneth ever one *God in the World* without end.

Amen.

O God, who hast prepared for them that *Love* such good things as pass
mansi understanding, pour into my heart such *Love toward thee*, that *I Loving thee* above all things may obtain thy promises which exceed all that I can desire, through *Jesus Christ our Lord*, *Amen.*

Fer

For the 3^d. Commandment. 13.

will be ready to do and
so find **For Charity.**

O Lord, who hast taught me, that all our doings *Without Charity* are nothing worth; send thy *Holy Ghost* and pour into my heart that most excellent gift of *Charity*, the very bond of peace and of all virtues, without which, whosoever liveth, is counted dead before thee. Grant this for thine only Son *Jesus Christ's* sake. Amen.

For Chastity.

O Holy *Jesus*, who wert conceived in the Womb of a *Virgin*, I beseech thee, grant thy servant grace to withstand all temptations of the flesh, and with a pure and clean heart to follow thee the only *God*, even for thine own mercies and merits sake. Amen.

For Contrition.

A lmighty and everlasting *God*, who hatest nothing that thou hast made; and dost forgive the sins of all them that are penitent. Create and make in me a new and *Contrite Heart*, that I worthily *Lamenting* my sins and acknowledging my *Wretchedness* may obtain of thee

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thee the God of all mercy, perfect Remission
and Forgiveness, through Jesus Christ our
Lord. Amen.

For Devotion.

Most great God, who hast not only permitted but invited us needy and miserable Creatures to present our Petitions to thee; O let me set a true value on this most invaluable Priviledge. I come unto thee, O Lord, as a Worm to my Sovereign Maker; I come as an Hainous Offender to a just and Severe Judge; let, I pray thee, mine addresses to thine house be with a Reverence some way answerable to thine Awful Majesty; give me an hearty desire to pray, and such a Pure Intention and Fixedness of Mind upon thee, that I may no more incurre the guilt of drawing near to thee with my Lips, when my Heart is far from thee, but may so ask, that I may receive; seek, that I may find; knock, that it may be opened unto me; that so from praying to thee here, I may be translated to the praising thee eternally in thy glory, through Jesus Christ our Lord.
Amen.

for

For the Fear of God.

Most great God, who only art high, and
to be fear'd, O put thy fear into my
heart, that I may not sin against thee ;
let me never so misplace my Fear as to be af-
fraid of man, whose breath is in his nostrils,
but fill me, O Lord, with the Spirit of thy
holy Fear, which is the beginning of Wisdom,
and let it preserve me in a perpetual confor-
mity to thy will in all things, through Jesus
Christ our Lord. Amen.

For Contentedness.

God Heavenly Father, who by thy Son
Jesus Christ hast promised to all them
that seek thy Kingdom and the Righ-
teousness thereof, all things necessary to their
bodily sustenance ; keep me, I beseech thee,
under the protection of thy good providence,
and learn me, in whatsoever state I am, there-
with to be Content ; grant me grace to for-
sake all Covetous desires and Inordinate love of
Riches, and so to pass through things Tem-
poral, that I finally loose not the things eternal,
but that among all the sundry and manifold
changes of the world, my heart may surely

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there be fixed, where true joys are to be
found, through Jesus Christ our Lord. **A-**
men.

For Diligence.

O Lord, who in thy holy Gospel didst
sentence the *Slothful* and *unprofitable*
Servants to be cast into outer darkness;
grant that I may not stand here all the day idle,
but may give all *Diligence* to make my calling
and *Election* sure; make me in some measure
useful to my self and others both as to *This*,
and a *better life*. O let me never lay mine
eycs to sleep, nor mine eye-lids to slumber,
but learn and labour to get *my own living*, and
to do my duty in that State of life, whereto it
hath pleased thee to call me, through Jesus
Christ our Lord. **Amen.**

For Humility.

Almighty God, who resistest the *Proud*,
and givest grace to the *Humble*; merci-
fully grant, that I may follow the example of
the great *Humility* of thy Blessed Son, who did
humble himself to take upon him our flesh, and
to suffer death upon the *Cross*; Convince
me that I am less than the least of all thy mer-
cies; that as I am vile in my self, so let me
be

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be vile in mine own eyes, and may therefore esteem every man better than my self. Grant this, O Father, for thy Son Jesus Christ's sake. Amen.

For Justice.

O Thou King of Righteousness, who lovest Righteousness, and art mighty to save; give me grace to obtain this love of thine by cleansing my heart and hands from all fraud and injustice; O grant that I may most strictly observe that sacred Rule of Doing unto all men, as I would they shoukd do unto me; that I hurt no body in word or deed; but be true and just in all my dealings; that so keeping innocence and taking heed unto the thing that is right, I may have peace at the last, even peace with Thee, Through Jesus Christ our Lord. Amen.

For Meekness.

Almighty God, who hast given thine only Son to be unto us both a Sacrifice for sin, and also an ensample of Godly life; give me grace to learn of him who was meek and lowly of heart, to put on bowels of mercy, meekness, and long-suffering; to be so far from offe-

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offering the least injury, that I may never return the greatest : And grant I beseech thee, that the course of this World may be so peaceably ordered by thy Governance, that I may joyfully serve thee in all Godly quietness, through Jesus Christ our Lord. Amen.

For Sincerity.

O Holy Lord, who searchest the heart, and tryest the reins, try me, I beseech thee, and seek the ground of my heart ; purge it from all *hypocrisie*, and suffer not any accursed thing to lurk within me ; give me truth in the inward parts, to be *pure in heart*, that I may be qualified to see thee in thy Kingdom, through Jesus Christ our Lord.

For Temperance.

G racious Lord, who refreshest us with thy good Creatures, and art the Author of all the good things which we do enjoy ; give me grace I pray thee to use them with *thank fulness and moderation* ; let me never be overcharged with *Surfeiting and Drunkenness*, nor my *Table* be ever made a snare unto me ; but may so eat and drink, that

that my flesh may be subdued to the Spirit, & that it may ever obey thy godly motions in Righteousness and true Holiness, to thy honour, and glory, through Jesus Christ our Lord. Amen.

For Thankfulness.

Gracious God, who hast taught me, that it is a joyful and pleasant thing to be *thankful*; suffer me not I beseech thee to loose my part in that divine pleasure, but make me truly and unfeignedly *thankful* unto thee for all thy mercies; let thy mercies lead me to Repentance, and give me grace to improve them all to the advancement of thy glory, and the furtherance of my Salvation, through Jesus Christ our Lord. Amen.

For Trust in God.

O God, who never sailest to help and govern them, whom thou do'st bring up in thy stedfast fear and love; Grant I pray thee that I may *lean* only upon the *Hope* of thy Heavenly grace, and in all my troubles put my *whole trust and confidence* in thy mercy, casting all my care upon thee, and being careful for nothing, but to keep thy testimony's

monies, and think upon thy Commandments to do them. Grant this, O Father, for Jesus Christ his sake. Amen.

For Perseverance.

O Lord, raise up I pray thee thy power, and come among us, and with great might succour me ; that whereas through my sins and wickedness, I am sore let and hindred in running the Race that is set before me ; thy bountiful grace and mercy may help and strengthen me to hold out unto the end, that so I may be saved ; to be faithful unto death, that I may receive a Crown of life ; nourish me, I pray thee, with all goodness, and of thy great mercy keep me in the same, through Jesus Christ our Lord. Amen.

F I N I S.



Good Reader, who dost design to make use of
these Devotions, be pleas'd with thy Pen to
Correct these most considerable Errata's
which have escap'd the Printer.

Page 17, line 16, shalt thou, read shall they ; p. 25,
l. 21, a Scripture-reason, r. Scripture, reason , p.
45, l. 9. miserable, r. miserably ; p. 77, l. 3.
suffered, r. didn't suffer ; p. 87, l. 19, Sacrament, r.
Sacrifice ; p. 69, l. 16, page 68, r. page 87, p. 96, l.
11, profess, r. confess.



போலி ஜான் என்று விடக் கூடிய பேர்
ஒன்றை முடிந்து விட்டார். அதை
உண்டார்களா என்று அறிய விரும்பு
விரும்புவதை முடிவிட்டார்.

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